

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 1 Girls 10 Year Olds 1500 SC Meter Freestyle Mixed event**

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	22:52.00	21:45.95	
2 Mc Hugh, Cliodhna	10	Swilly Seals	26:55.00	26:19.49	

Event 1 Girls 13 Year Olds 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Hugh, Niamh	13	Swilly Seals	22:56.00	21:58.32	

Event 1 Women 19 & Over 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Prey, Donna Marie	20	Larne SC	18:56.00	17:52.36	

Event 1 Boys 10 Year Olds 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Poucher, Conor	10	Newry & Mourne Asc	23:36.86	22:14.65	

Event 1 Boys 11 Year Olds 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Caolan	11	Swilly Seals	20:22.00	23:17.72	

Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Berryman, Morgan	12	City Of Belfast Swimming Club	19:39.39	19:14.76	
2 Vaughan, Leon	12	Swilly Seals	20:22.00	19:30.40	
3 Mc Dowell, Robert	12	City Of Belfast Swimming Club	24:00.00	23:16.80	

Event 1 Men 17 Year Olds 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Wray, Ryan	17	Leander	17:20.00	16:55.93	

Event 1 Men 19 & Over 1500 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Graham, David	24	Ards	17:09.41	16:32.78	

Event 2 Girls 10 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Beattie, Hannah	10	City Of Belfast Swimming Club	15:00.00	13:44.32	
2 Mc Dowell, Christina	10	City Of Belfast Swimming Club	15:00.00	13:49.32	

Event 2 Girls 11 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Morelli, Carla	11	City Of Belfast Swimming Club	14:45.00	13:52.99	

Event 2 Girls 12 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Dowell, Mary-Kate	12	Bangor	10:03.76	10:03.11	
2 Dornan, Ruth	12	Leander	12:32.07	12:01.36	

Event 2 Girls 13 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Alorum, Nicole	13	Bangor	10:22.88	10:23.21	
2 Dornan, Amy	13	Leander	12:32.07	10:31.13	
3 Levestam, Kate	13	Bangor	10:36.52	10:38.46	

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Name	Age	Team	Seed Time	Finals Time	Points
4 Donegan, Cara	13	Bangor	12:22.50	10:55.90	

Event 2 Girls 14 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	8:57.10	8:51.34	
2 Harley-Moyes, Seana	14	City Of Belfast Swimming Club	10:51.48	10:18.86	
3 Harkness, Naomi	14	Leander	10:35.40	11:01.26	

Event 2 Women 17 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Barry, Rebecca	17	Leander	9:40.70	10:02.01	

Event 2 Women 18 & Over 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Todd, Alison	21	City Of Belfast Swimming Club	9:22.29	9:22.14	

Event 2 Boys 12 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Kane, Thomas	12	Bangor	12:48.36	12:18.18	

Event 2 Boys 14 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Bennison, Christian	14	Leander	10:50.57	9:45.09	
2 Meek, Adam	14	Leander	11:45.00	11:11.58	

Event 2 Men 15 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Cahill, Conal	15	Leander	11:00.00	10:52.47	

Event 2 Men 17 Year Olds 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Donnelly, Conor	17	Leander	8:25.04	8:17.79	
2 Harkness, Matthew	17	Leander	9:00.00	9:07.96	
3 Elliott, David	17	Leander	11:10.20	11:29.34	

Event 2 Men 18 & Over 800 SC Meter Freestyle Mixed event

Name	Age	Team	Seed Time	Finals Time	Points
1 Leaney, Conor	18	Larne SC	8:30.54	8:25.72	
2 Stronge, David	26	City Of Belfast Swimming Club	9:58.78	9:37.81	
3 Bell, Matthew	19	Leander	10:02.30	10:12.26	

Event 3 Girls 9 & Under 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bethel, Rachel	9	Lisburn City Swimming Club	39.31	36.04	
2 Baird, Katie	9	Larne SC	49.50	40.20	
3 Teggart, Namona	9	Lisburn City Swimming Club	48.00	41.93	
4 Fekkes, Jenny	9	Larne SC	48.00	42.34	
5 Egerton, Megan	9	Larne SC	47.24	43.09	
6 Hudy, Joyce	9	Swilly Seals	48.76	44.63	
7 Blundell, Erin	9	City Of Belfast Swimming Club	48.75	44.75	
8 Del Castillo, Maria	9	Larne SC	48.00	45.31	
9 Clements, Moya	8	Larne SC	48.00	48.20	

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Name	Age	Team	Seed Time	Finals Time	Points
10 O'Reilly, Katie	9	City Of Belfast Swimming Club	49.22	56.60	

Event 3 Girls 10 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Sands, Rebecca	10	Lisburn City Swimming Club	37.74	36.84	
2 Walker, Rowena	10	Lisburn City Swimming Club	46.08	38.41	
3 Seawright, Amy	10	Lisburn City Swimming Club	45.44	38.82	
4 O'Neill, Ellen	10	City Of Belfast Swimming Club	43.17	38.83	
5 Doey, Katie	10	Larne SC	45.00	40.10	
6 Mc Hugh, Cliodhna	10	Swilly Seals	42.07	41.18	
7 Kemp, Molly	10	Larne SC	46.00	41.39	
8 Hunter, Sofie	10	City Of Belfast Swimming Club	45.22	44.13	
9 Roberts, Meggan	10	Larne SC	46.50	44.30	
10 Colgan, Sasha	10	City Of Belfast Swimming Club	46.55	47.76	
11 O'Loan, Caitriona	10	City Of Belfast Swimming Club	46.21	48.65	

Event 3 Girls 11 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Harding, Bethan	11	Lisburn City Swimming Club	39.96	35.99	
2 West, Nicole	11	Lisburn City Swimming Club	38.28	36.50	
3 Hayes, Katie	11	Lurgan Amateur Swimming Club	38.14	36.87	
4 Pollock, Nicole	11	Lisburn City Swimming Club	40.24	38.37	
5 Leitch, Alex	11	Larne SC	44.00	39.42	
6 Kemp, Kendra	11	Larne SC	44.00	41.54	

Event 3 Girls 12 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Irvine, Emma	12	Lurgan Amateur Swimming Club	36.06	34.25	
2 Beatty, Annie	12	Lurgan Amateur Swimming Club	36.99	34.71	
3 Patterson, Ellen	12	Riversdale Otters Strabane	35.83	34.84	
4 Burns, Amelia	12	Lurgan Amateur Swimming Club	37.65	36.90	
5 Telford, Hannah	12	Lisburn City Swimming Club	43.00	37.54	
6 Colgan, Daria	12	City Of Belfast Swimming Club	46.55	37.80	

Event 3 Girls 13 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Dornan, Amy	13	Leander	30.86	30.55	
2 Moore, Monique	13	Bangor	29.89	31.44	
3 Blake, Erin	13	Larne SC	32.93	32.04	
4 Mc Hugh, Niamh	13	Swilly Seals	33.72	32.12	

Event 3 Girls 14 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	27.06	27.29	
2 Sharkey, Sarah	14	Lecale Downpatrick	32.13	31.91	
3 Montgomery, Beth	14	Coleraine	31.48	32.90	
4 MC Burney, Anna	14	Bangor	33.16	33.26	

Event 3 Women 16 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Heyburn, Emily	16	City Of Belfast Swimming Club	27.11	27.97	

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Name	Age	Team	Seed Time	Finals Time	Points
2 Haughey, Gemma	16	Riversdale Otters Strabane	33.84	33.22	

Event 3 Women 18 & Over 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Prey, Donna Marie	20	Larne SC	27.60	28.29	

Event 4 Men 9 & Under 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hurson, Lui	9	Larne SC	39.50	37.35	
2 Mc Keague, Ciaran	9	Ballymoney	50.00	45.82	
3 O'Reilly, Ciaran	8	Breifne	50.00	47.31	

Event 4 Men 10 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Crossan, Ethan	10	Riversdale Otters Strabane	36.29	34.70	
2 Mc Crossan, Stefan	10	Riversdale Otters Strabane	38.84	35.96	
3 Saulters, Neil	10	Lisburn City Swimming Club	35.90	36.77	
4 Scott, Jacob	10	Ards	39.03	36.83	
5 Haskins, Alexander	10	Lisburn City Swimming Club	41.50	38.67	
6 Fergie, Luke	10	Larne SC	45.00	45.58	
7 Morris, Rory	10	Enniskillen Lakelanders	43.75	46.55	

Event 4 Men 11 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Brashaw, Craig	11	Ards	34.51	33.91	
2 Li, Chad	11	Lurgan Amateur Swimming Club	37.42	34.17	
3 Vaughan, Caolan	11	Swilly Seals	35.00	34.55	
4 Thompson, Ben	11	Lisburn City Swimming Club	37.73	34.73	
5 Stewart, Jonathon	11	Lisburn City Swimming Club	36.13	35.16	
6 Gallagher, Regan	11	Riversdale Otters Strabane	35.58	35.85	
7 Stevenson, Andrew	11	Ballymoney	38.77	37.88	
8 Watters, Kyle	11	Larne SC	43.80	42.56	

Event 4 Men 12 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, James	12	Coleraine	29.57	29.89	
2 Finlay, Jack	12	Larne SC	34.67	31.45	
3 Fearon, Michael	12	Lurgan Amateur Swimming Club	31.55	32.37	
4 Mc Garel, Matthew	12	Larne SC	34.17	32.84	
5 Ritchie, Curtis	12	Ards	32.92	32.86	
6 Mc Dowell, Robert	12	City Of Belfast Swimming Club	39.39	35.13	
7 Hill, Gareth	12	Lisburn City Swimming Club	37.57	35.85	
8 Law, Kristopher	12	Lisburn City Swimming Club	38.03	36.20	
9 Mawhinney, Kyle	12	Lisburn City Swimming Club	38.42	36.56	

Event 4 Men 13 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Angus, Paul	13	Bangor	31.15	29.95	
2 Casey, Eoin	13	City of Derry	35.54	30.82	
3 Hurson, Ruari	13	Larne SC	33.75	31.04	
4 Bradley, Pearse	13	City of Derry	31.76	31.25	

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Name	Age	Team	Seed Time	Finals Time	Points
5 Ferguson, Calum	13	Coleraine	30.31	31.88	
6 Lavery, Stuart	13	Ballymoney	40.00	32.82	
7 Robinson, Caomhin	13	Lurgan Amateur Swimming Club	39.14	36.46	
8 Mc Keague, Eamonn	13	Ballymoney	37.75	37.86	
--- Mc Caffrey, Mark	13	Enniskillen Lakelanders	39.66	DQ	

Event 4 Men 14 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	25.40	24.87	
2 Meek, Adam	14	Leander	27.16	26.80	
3 O'Neill, Conor	14	Riversdale Otters Strabane	30.52	28.33	
4 O'Brien, Connell	14	City of Derry	30.98	28.67	
5 Mc Culloch, Andrew A	14	Ballymoney	30.00	28.74	
6 Wiffen, Ben	14	Lurgan Amateur Swimming Club	32.70	30.59	

Event 4 Men 15 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	26.67	26.81	
2 Osborne, Luke	15	Ballymoney	28.80	28.47	
3 O'Reilly, Owen	15	Ards	30.00	28.85	
4 Frizzell, Stephen	15	Bangor	32.43	29.94	
5 Cahill, Conal	15	Leander	32.20	30.97	

Event 4 Men 16 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Campbell, Luke	16	Ards	24.74	25.10	
2 Sloan, Ciaran	16	Coleraine	26.20	25.83	
3 Brines, Patrick	16	Larne SC	26.92	26.20	
4 Kearney, Ruairi	16	Lecale Downpatrick	27.27	27.15	
5 Coils, Chris	16	Coleraine	27.01	27.55	
6 Ferguson, Jay-Dee	16	Coleraine	26.92	27.82	
7 O'Neill, Cathal	16	Riversdale Otters Strabane	28.83	28.86	
8 Garvey, James	16	City of Derry	28.68	29.20	
9 Hamilton, James	16	Larne SC	31.90	29.90	

Event 4 Men 17 Year Olds 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Leckey, Jordan	17	Lurgan Amateur Swimming Club	25.69	25.95	

Event 4 Men 18 & Over 50 SC Meter Freestyle SKINS HEATS C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Traill, Shane	19	Larne SC	24.35	24.91	
2 Leaney, Conor	18	Larne SC	22.69	25.33	
3 Williamson, Gavin	19	Larne SC	23.19	25.38	
4 Bell, Matthew	19	Leander	28.00	27.68	

Event 5 Girls 9 & Under 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bethel, Rachel	9	Lisburn City Swimming Club	1:50.00	1:22.22	
2 Fisher, Atlanta	9	Bangor	1:25.76	1:31.60	
3 Teggart, Namona	9	Lisburn City Swimming Club	1:52.00	1:35.39	

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Name	Age	Team	Seed Time	Finals Time	Points
4 Dempster, Kathryn	9	Templemore	1:55.99	1:35.67	
5 Mc Cracken, Sarah	9	City Of Belfast Swimming Club	1:51.69	1:52.66	
6 O'Reilly, Katie	9	City Of Belfast Swimming Club	1:54.21	1:53.28	
7 Ronan, Emer	8	Breifne	1:56.00	1:56.76	
8 Gregg, Lucy	7	Templemore	1:55.50	2:14.35	

Event 5 Girls 10 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	1:14.16	1:13.52	
2 Ronan, Leah	10	Breifne	1:24.49	1:20.19	
3 Beattie, Hannah	10	City Of Belfast Swimming Club	1:27.63	1:25.42	
4 Sands, Rebecca	10	Lisburn City Swimming Club	1:24.00	1:25.64	
5 Mc Dowell, Christina	10	City Of Belfast Swimming Club	1:34.57	1:27.09	
6 Seawright, Amy	10	Lisburn City Swimming Club	1:45.00	1:30.46	
7 Love, Natasha	10	Enniskillen Lakelanders	1:43.00	1:32.41	
8 O'Neill, Ellen	10	City Of Belfast Swimming Club	1:43.31	1:33.91	
9 Walker, Rowena	10	Lisburn City Swimming Club	1:45.00	1:34.97	
10 O'Hare, Sophie	10	Enniskillen Lakelanders	1:46.00	1:38.60	
11 Ingram, Maebh	10	Enniskillen Lakelanders	1:46.00	1:43.60	
12 Hunter, Sofie	10	City Of Belfast Swimming Club	1:45.33	1:45.56	
13 Fairclough, Molly	10	Templemore	1:46.50	1:50.27	
14 O'Loan, Caitriona	10	City Of Belfast Swimming Club	1:45.22	1:50.72	

Event 5 Girls 11 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	1:13.48	1:10.26	
2 Hunter, Alexandra	11	Lisburn City Swimming Club	1:13.90	1:13.48	
3 Navalli, Helen	11	Ards	1:19.95	1:14.95	
4 Allister, Eve	11	Ards	1:19.88	1:18.45	
5 Miller, Kirsty	11	Larne SC	1:20.32	1:18.55	
6 Wylie, Caitlin	11	Lurgan Amateur Swimming Club	1:21.23	1:19.15	
7 Mc Collum, Robyn	11	Ards	1:20.50	1:21.04	
8 Campbell, Lia	11	Ards	1:29.14	1:21.59	
9 Ferguson, Koren	11	Coleraine	1:24.00	1:22.10	
10 Harding, Bethan	11	Lisburn City Swimming Club	1:35.00	1:22.41	
11 O'Reilly, Clodagh	11	Breifne	1:28.98	1:24.96	
12 Hayes, Katie	11	Lurgan Amateur Swimming Club	1:28.14	1:26.32	
13 Mc Ilhinney, Taylor	11	Larne SC	1:36.00	1:26.86	
14 Blackstock, Ferne	11	Ards	1:25.78	1:26.89	
15 West, Nicole	11	Lisburn City Swimming Club	1:29.88	1:27.00	
16 Morelli, Carla	11	City Of Belfast Swimming Club	1:37.12	1:29.85	
17 Pollock, Nicole	11	Lisburn City Swimming Club	1:31.88	1:30.88	

Event 5 Girls 12 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Dowell, Mary-Kate	12	Bangor	1:03.52	1:05.35	
2 Montgomery, Clara	12	Larne SC	1:10.12	1:08.30	
3 Grimley, Clare	12	Bangor	1:12.97	1:08.56	
4 Mc Kibbin, Jess	12	Bangor	1:10.89	1:10.75	
5 Richards, Chloe	12	Lisburn City Swimming Club	1:08.80	1:10.94	

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Name	Age	Team	Seed Time	Finals Time	Points
6 Mc Ardle, Natasha	12	Riversdale Otters Strabane	1:11.76	1:12.45	
7 Fullerton, Emma	12	Larne SC	1:12.64	1:12.53	
8 Watson, Hannah	12	Lisburn City Swimming Club	1:11.56	1:13.75	
9 Mc Kimm, Shannon	12	Bangor	1:12.19	1:13.79	
10 Gourley, Lauren	12	Lisburn City Swimming Club	1:11.75	1:14.40	
11 Irvine, Emma	12	Lurgan Amateur Swimming Club	1:17.43	1:16.23	
12 Shannon, Beth	12	Larne SC	1:16.76	1:18.69	
13 Jeffers, Megan	12	Ards	1:33.00	1:19.77	
14 Beatty, Annie	12	Lurgan Amateur Swimming Club	1:18.39	1:20.93	
15 Burns, Amelia	12	Lurgan Amateur Swimming Club	1:22.30	1:21.54	
16 Dent, Bethany	12	Larne SC	1:30.15	1:21.74	
17 Telford, Hannah	12	Lisburn City Swimming Club	1:29.00	1:26.76	
18 Clements, Katie	12	Larne SC	1:32.50	1:27.69	
19 Colgan, Daria	12	City Of Belfast Swimming Club	1:46.23	1:28.54	

Event 5 Girls 13 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Scott, Lucy	13	Lisburn City Swimming Club	1:04.67	1:06.60	
2 Dornan, Amy	13	Leander	1:05.84	1:06.71	
3 Levestam, Kate	13	Bangor	1:05.73	1:07.68	
4 Turner, Kirstie	13	Larne SC	1:07.36	1:08.65	
5 Taylor, Hannah	13	Lisburn City Swimming Club	1:07.97	1:08.76	
6 Moore, Monique	13	Bangor	1:07.45	1:09.38	
7 Mc Alorum, Nicole	13	Bangor	1:07.51	1:09.79	
8 Peel, Jessica	13	Lisburn City Swimming Club	1:07.35	1:09.98	
9 Mc Grattan, Rachel	13	Bangor	1:10.15	1:10.29	
10 Kavanagh, Alice	13	Larne SC	1:11.57	1:10.37	
11 Donegan, Cara	13	Bangor	1:11.03	1:11.96	
12 Coyle, Cliodna	13	City of Derry	1:13.19	1:12.87	
13 Mc Keown, Paige	13	Lisburn City Swimming Club	1:09.51	1:13.83	
14 Bradley, Claire	13	City of Derry	1:09.09	1:14.11	
15 Garvey, Lauren E	13	Newry & Mourne Asc	1:22.38	1:15.26	
16 Fekkes, Carla	13	Larne SC	1:24.00	1:15.66	
17 Mc Murray, Rachel	13	Lisburn City Swimming Club	1:17.32	1:16.86	
18 Firth, Bethany	13	Ards	1:28.88	1:19.97	
19 Ritchie, Clarissa	13	Ards	1:14.18	1:21.11	
20 Gardener, Kerry	13	Larne SC	1:23.02	1:22.26	

Event 5 Girls 14 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hall, Charlotte	14	Larne SC	1:01.03	1:03.33	
2 Corbett, Shannon	14	Templemore	1:05.33	1:07.81	
3 Miller, Kate	14	Larne SC	1:08.90	1:09.57	
4 Whitten, Kerry	14	Larne SC	1:07.11	1:10.33	
5 MC Burney, Anna	14	Bangor	1:09.38	1:11.55	
6 O'Rourke, Laura	14	Leander	1:12.10	1:11.57	
7 Mc Allister, Catriona	14	Larne SC	1:14.56	1:12.99	
8 Kerr, Megan	14	Larne SC	1:14.53	1:13.20	
9 Hill, Louise	14	Larne SC	1:12.45	1:13.28	
10 Sharkey, Sarah	14	Lecale Downpatrick	1:27.00	1:13.64	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 5 Girls 14 Year Olds 100 SC Meter Freestyle C+)**

Name	Age	Team	Seed Time	Finals Time	Points
11 Mc Caughey, Lauren	14	Larne SC	1:16.29	1:15.80	
12 Mc Keague, Mairead	14	Ballymoney	1:27.00	1:16.26	

Event 5 Women 15 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Campbell, Emma	15	Larne SC	1:05.88	1:08.62	
2 Douglas, Kathryn	15	Larne SC	1:07.55	1:10.45	
3 Adair, Rachel	15	City of Derry	1:11.70	1:11.96	
4 Mc Anee, Niamh	15	City of Derry	1:12.43	1:12.10	
5 Savage, Niamh	15	Ards	1:13.65	1:13.96	
6 Jeffers, Sarah	15	Ards	1:12.50	1:16.67	
7 O'Reilly, Eadaoin	15	Breifne	1:15.50	1:16.74	

Event 5 Women 16 Year Olds 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Foreman, Rebecca	16	Larne SC	1:01.43	1:02.17	
2 Mc Connolgue, EmmaJo	16	City of Derry	1:05.19	1:06.17	
3 Shannon, Sarah	16	Larne SC	1:05.47	1:08.05	
4 Barrow, Sigourney	16	City of Derry	1:08.98	1:10.85	
5 Mc Keever, Elizabeth	16	Breifne	1:10.77	1:12.94	

Event 5 Women 18 & Over 100 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Todd, Alison	21	City Of Belfast Swimming Club	1:00.41	1:02.43	

Event 6 Men 11 Year Olds 400 SC Meter IM B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Alex	11	Lisburn City Swimming Club	6:50.90	6:23.91	

Event 6 Men 12 Year Olds 400 SC Meter IM B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Brown, James	12	Ards	6:21.47	5:37.76	

Event 6 Men 13 Year Olds 400 SC Meter IM B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Clenaghan, Elliot	13	Ards	5:21.03	5:21.49	
2 Walker, Matthew	13	Lisburn City Swimming Club	6:18.96	5:23.94	
3 Scott, Matthew	13	Ards	5:54.12	5:28.69	
4 Allison, Robert	13	Lisburn City Swimming Club	5:50.37	5:39.27	

Event 6 Men 14 Year Olds 400 SC Meter IM B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	5:02.58	4:49.24	
2 Knox, James	14	Ards	5:56.60	5:45.73	
3 Kelly, Joel	14	Ards	5:56.50	5:50.02	

Event 6 Men 16 Year Olds 400 SC Meter IM B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Bell, Darren	16	Ards	4:59.39	5:00.15	
2 Campbell, Luke	16	Ards	5:03.83	5:09.28	
--- Garvey, James	16	City of Derry	5:10.58	DQ	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 6 Men 17 Year Olds 400 SC Meter IM B + only**

Name	Age	Team	Seed Time	Finals Time	Points
1 Donnelly, Conor	17	Leander	4:39.70	4:43.22	
2 Wray, Ryan	17	Leander	4:51.10	4:48.78	
3 Leckey, Jordan	17	Lurgan Amateur Swimming Club	4:44.08	4:53.59	

Event 7 Girls 13 Year Olds 200 SC Meter Butterfly B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Preston, Danielle	13	Riversdale Otters Strabane	2:39.22	2:42.23	
2 Scott, Lucy	13	Lisburn City Swimming Club	2:40.84	2:48.98	
3 Taylor, Hannah	13	Lisburn City Swimming Club	3:01.55	3:05.40	

Event 7 Girls 14 Year Olds 200 SC Meter Butterfly B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	2:15.84	2:18.41	
2 Harley-Moyes, Seana	14	City Of Belfast Swimming Club	2:42.08	2:45.32	

Event 7 Women 16 Year Olds 200 SC Meter Butterfly B + only

Name	Age	Team	Seed Time	Finals Time	Points
1 Heyburn, Emily	16	City Of Belfast Swimming Club	2:18.65	2:24.81	

Event 8 Men 9 & Under 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hurson, Lui	9	Larne SC	50.14	49.61	
2 O'Reilly, Ciaran	8	Breifne	55.00	56.28	
--- O'Hare-Smith, Sean	9	Enniskillen Lakelanders	53.03	DQ	

Event 8 Men 10 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Hare, Michael	10	Enniskillen Lakelanders	45.38	44.15	
2 Saulters, Neil	10	Lisburn City Swimming Club	41.34	44.43	
3 Haskins, Alexander	10	Lisburn City Swimming Club	44.02	45.65	
4 Fergie, Luke	10	Larne SC	51.00	51.30	
5 Morris, Rory	10	Enniskillen Lakelanders	52.00	57.63	

Event 8 Men 11 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Brashaw, Craig	11	Ards	40.00	40.23	
2 Li, Chad	11	Lurgan Amateur Swimming Club	43.67	40.86	
3 Thompson, Ben	11	Lisburn City Swimming Club	47.72	42.89	
4 Stewart, Jonathon	11	Lisburn City Swimming Club	46.85	43.80	
5 Watters, Kyle	11	Larne SC	47.80	54.11	

Event 8 Men 12 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Leon	12	Swilly Seals	32.36	33.03	
2 Richardson, James	12	Coleraine	35.90	35.99	
3 Ritchie, Curtis	12	Ards	40.21	38.59	
4 Mawhinney, Kyle	12	Lisburn City Swimming Club	43.88	40.45	
5 Hamilton, David	12	Larne SC	44.47	40.58	
6 Hill, Gareth	12	Lisburn City Swimming Club	44.96	43.47	
7 Law, Kristopher	12	Lisburn City Swimming Club	45.50	44.32	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 8 Men 13 Year Olds 50 SC Meter Backstroke C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ferguson, Calum	13	Coleraine	35.92	37.49	
2 Mc Caffrey, Mark	13	Enniskillen Lakelanders	44.00	40.77	
3 Laverty, Stuart	13	Ballymoney	44.00	41.21	
4 Elliott, Andrew	13	Dungannon	41.87	1:05.21	

Event 8 Men 14 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	30.66	30.52	
2 Mc Nally, Stephen	14	Bangor	32.61	31.93	
3 Boyce, Michael	14	Swilly Seals	32.32	32.77	
4 Mc Culloch, Andrew A	14	Ballymoney	33.42	32.92	
5 Cairnduff, Sam	14	Ards	34.85	35.50	
--- Melagh, Terry	14	City of Derry	34.54	DQ	

Event 8 Men 15 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	33.25	31.58	
2 Cahill, Conal	15	Leander	39.00	38.91	

Event 8 Men 16 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Sloan, Ciaran	16	Coleraine	29.50	29.77	
2 Gaynor, Ian	16	City of Derry	32.32	32.24	
3 Ferguson, Jay-Dee	16	Coleraine	35.92	35.63	

Event 8 Men 18 & Over 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Leaney, Conor	18	Larne SC	28.15	29.04	

Event 9 Girls 9 & Under 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Fisher, Atlanta	9	Bangor	51.39	51.51	
2 Fekkes, Jenny	9	Larne SC	58.00	56.03	
3 Egerton, Megan	9	Larne SC	58.00	56.75	
4 Hudy, Joyce	9	Swilly Seals	58.58	56.76	
5 Del Castillo, Maria	9	Larne SC	58.00	56.90	
6 Baird, Katie	9	Larne SC	58.00	1:00.76	
7 O'Reilly, Katie	9	City Of Belfast Swimming Club	58.32	1:08.09	
--- Clements, Moya	8	Larne SC	58.00	DQ	

Event 9 Girls 10 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	43.00	43.97	
2 O'Neill, Ellen	10	City Of Belfast Swimming Club	48.52	45.90	
3 Hunter, Sofie	10	City Of Belfast Swimming Club	NT	55.11	
4 Roberts, Meggan	10	Larne SC	58.50	55.60	
5 Doey, Katie	10	Larne SC	57.00	58.16	
--- Kemp, Molly	10	Larne SC	58.00	DQ	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 9 Girls 11 Year Olds 50 SC Meter Breaststroke C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Navalli, Helen	11	Ards	46.68	44.01	
2 O'Reilly, Clodagh	11	Breifne	48.68	46.94	
3 Dempster, Emma	11	Templemore	47.97	47.08	
4 Kemp, Kendra	11	Larne SC	56.22	47.41	
5 Allister, Eve	11	Ards	52.30	49.33	
6 Ferguson, Koren	11	Coleraine	49.82	50.07	
7 Leitch, Alex	11	Larne SC	56.00	55.48	

Event 9 Girls 12 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hammond, Grace	12	Ards	40.16	36.51	
2 Mc Kimm, Shannon	12	Bangor	41.36	40.61	
3 Irvine, Emma	12	Lurgan Amateur Swimming Club	44.56	45.61	
4 Jeffers, Megan	12	Ards	52.90	46.23	
5 Clements, Katie	12	Larne SC	52.31	48.43	

Event 9 Girls 13 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Montgomery, Kathryn	13	Bangor	39.56	38.46	
2 Bradley, Claire	13	City of Derry	40.01	39.49	
3 Blake, Erin	13	Larne SC	43.59	42.32	
4 Ritchie, Clarissa	13	Ards	43.45	42.86	
5 Gardener, Kerry	13	Larne SC	47.15	45.54	

Event 9 Girls 14 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	32.99	32.92	
2 Hill, Louise	14	Larne SC	39.08	40.70	
3 O'Rourke, Laura	14	Leander	46.50	41.74	
4 Mc Keague, Mairead	14	Ballymoney	42.75	43.85	

Event 9 Women 15 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adair, Rachel	15	City of Derry	40.31	40.36	
2 O'Reilly, Eadaoin	15	Breifne	40.56	40.75	
3 Jeffers, Sarah	15	Ards	44.85	43.36	

Event 9 Women 16 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Keever, Elizabeth	16	Breifne	38.63	39.99	
2 Barrow, Sigourney	16	City of Derry	40.41	41.02	

Event 10 Men 9 & Under 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hurson, Lui	9	Larne SC	3:20.41	3:09.35	
2 Edmond, Aston	9	Templemore	3:29.87	3:23.97	
3 Evans, Niall	9	Ballymoney	4:12.00	3:26.41	
4 Mc Knight, Ethan	9	Templemore	3:54.81	3:28.00	
5 O'Hare-Smith, Sean	9	Enniskillen Lakelanders	3:38.00	3:30.06	
6 Megarry, Jack	8	Ards	4:12.00	3:46.57	
7 Balfour, Luke	9	Ards	4:12.00	3:50.77	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 10 Men 10 Year Olds 200 SC Meter Freestyle C+**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mc Crossan, Ethan	10	Riversdale Otters Strabane	2:46.66	2:48.63	
2	Mc Crossan, Stefan	10	Riversdale Otters Strabane	2:46.23	2:54.62	
3	Saulters, Neil	10	Lisburn City Swimming Club	2:55.87	2:58.36	
4	Gregg, Charlie	10	Templemore	3:10.71	3:03.67	
5	Cheetham, Coby	10	Ards	3:22.45	3:04.77	
6	Scott, Jacob	10	Ards	3:22.07	3:05.95	
7	Haskins, Alexander	10	Lisburn City Swimming Club	3:21.74	3:12.70	
8	O'Hare, Michael	10	Enniskillen Lakelanders	3:30.00	3:15.39	
9	Fisher, Michael	10	Templemore	3:22.43	3:16.51	
10	Jones, Iain	10	Ards	3:30.01	3:30.27	
11	Pyper, Sam	10	Ards	3:48.00	3:31.72	
12	O'Neill, James	10	Ards	3:48.00	3:36.98	
13	Mills, Chris	10	Ards	3:48.00	3:43.06	
14	Mc Collum, Stuart	10	Ards	3:48.00	3:50.56	
15	Morris, Rory	10	Enniskillen Lakelanders	3:46.00	4:02.83	

Event 10 Men 11 Year Olds 200 SC Meter Freestyle C+

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gallagher, Regan	11	Riversdale Otters Strabane	2:44.91	2:44.47	
2	Vaughan, Caolan	11	Swilly Seals	2:21.00	2:45.87	
3	Mc Caughey, Christopher	11	Bangor	2:44.00	2:46.27	
4	Brashaw, Craig	11	Ards	3:03.60	2:54.89	
5	Thompson, Ben	11	Lisburn City Swimming Club	3:14.03	2:58.66	
6	Ellson, Conor	11	Templemore	3:19.03	3:00.33	
7	Hume, James	11	Templemore	3:18.47	3:04.08	
8	Stewart, Jonathon	11	Lisburn City Swimming Club	3:07.43	3:07.77	
9	Glover, Bryan	11	Ards	3:20.00	3:12.76	
10	Hamilton, Will	11	Ards	3:15.00	3:13.59	
11	Mc Hugh, Stuart	11	Ballymoney	3:26.00	3:20.66	
12	Corry, Malcolm	11	Ards	3:25.00	3:22.04	
13	Johnston, Adam	11	Ards	3:25.34	3:24.93	
14	Watters, Kyle	11	Larne SC	3:25.00	3:31.79	
15	Mc Farland, Joshua	11	Ards	3:26.00	3:36.55	

Event 10 Men 12 Year Olds 200 SC Meter Freestyle C+

	Name	Age	Team	Seed Time	Finals Time	Points
1	Vaughan, Leon	12	Swilly Seals	2:21.00	2:20.67	
2	Evans, Michael M	12	Ballymoney	2:21.87	2:20.88	
3	Brown, James	12	Ards	2:22.76	2:23.70	
4	Berryman, Morgan	12	City Of Belfast Swimming Club	2:25.27	2:25.47	
5	Richardson, James	12	Coleraine	2:25.40	2:26.82	
6	Finlay, Jack	12	Larne SC	2:35.86	2:34.26	
7	Ritchie, Curtis	12	Ards	2:34.86	2:35.63	
8	Fearon, Michael	12	Lurgan Amateur Swimming Club	2:41.55	2:37.52	
9	Mc Lean, Andrew	12	Ballymoney	2:51.53	2:39.51	
10	Mc Meechan, Jamie	12	Bangor	2:39.32	2:39.72	
11	Mc Garel, Matthew	12	Larne SC	2:46.40	2:44.59	
12	Mc Dowell, Robert	12	City Of Belfast Swimming Club	2:42.69	2:49.53	
13	Hamilton, David	12	Larne SC	2:42.76	2:50.09	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 10 Men 12 Year Olds 200 SC Meter Freestyle C+)**

Name	Age	Team	Seed Time	Finals Time	Points
14 Hill, Gareth	12	Lisburn City Swimming Club	2:54.96	2:59.28	
15 Law, Kristopher	12	Lisburn City Swimming Club	2:55.48	3:00.73	
16 Mawhinney, Kyle	12	Lisburn City Swimming Club	3:00.34	3:02.60	

Event 10 Men 13 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Scott, Matthew	13	Ards	2:12.55	2:15.14	
2 Mc Clenaghan, Elliot	13	Ards	2:15.75	2:15.69	
3 Casey, Eoin	13	City of Derry	2:29.54	2:27.73	
4 Bradley, Pearse	13	City of Derry	2:23.41	2:30.75	
5 Hurson, Ruari	13	Larne SC	2:27.78	2:30.97	
6 Robinson, Caomhin	13	Lurgan Amateur Swimming Club	2:43.53	2:55.11	
7 Mc Caffrey, Mark	13	Enniskillen Lakelanders	3:05.00	3:02.07	

Event 10 Men 14 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	1:57.80	1:58.05	
2 Melagh, Terry	14	City of Derry	2:14.87	2:11.26	
3 O'Neill, Conor	14	Riversdale Otters Strabane	2:02.11	2:16.10	
4 Meek, Adam	14	Leander	2:21.54	2:18.10	
5 Wiffen, Ben	14	Lurgan Amateur Swimming Club	2:23.80	2:20.11	
6 O'Brien, Connell	14	City of Derry	2:21.21	2:21.27	
7 Mc Culloch, Andrew A	14	Ballymoney	2:20.01	2:22.88	
8 Knox, James	14	Ards	2:16.79	2:23.67	
9 Kelly, Joel	14	Ards	2:21.34	2:24.14	
10 Cairnduff, Sam	14	Ards	2:27.42	2:36.48	

Event 10 Men 15 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	2:09.86	2:13.96	
2 O'Reilly, Owen	15	Ards	2:21.19	2:19.33	
3 Cahill, Conal	15	Leander	2:43.00	2:26.82	

Event 10 Men 16 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bell, Darren	16	Ards	2:05.69	2:05.85	
2 Coils, Chris	16	Coleraine	2:15.08	2:08.71	
3 Gaynor, Ian	16	City of Derry	2:07.75	2:09.56	
4 Munn, Sean	16	Ards	2:10.55	2:09.62	
5 Brines, Patrick	16	Larne SC	2:05.46	2:11.25	
6 Scott, Luke	16	Ards	2:25.65	2:13.50	
7 O'Neill, Cathal	16	Riversdale Otters Strabane	2:12.07	2:14.15	
8 Osborne, Simon	16	Ballymoney	2:18.96	2:17.06	
9 Keelan, Mc Corrison	16	City of Derry	2:19.24	2:17.33	
10 Hamilton, James	16	Larne SC	2:28.00	2:34.54	

Event 10 Men 17 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Donnelly, Conor	17	Leander	1:56.70	1:57.48	
2 Wray, Ryan	17	Leander	2:01.68	2:01.92	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 10 Men 18 & Over 200 SC Meter Freestyle C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Graham, David	24	Ards	1:58.71	1:58.00	
2 Bell, Matthew	19	Leander	2:16.84	2:15.69	

Event 11 Girls 9 & Under 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Fisher, Atlanta	9	Bangor	1:35.38	1:40.54	
2 Bethel, Rachel	9	Lisburn City Swimming Club	2:00.00	1:40.98	
3 Fekkes, Jenny	9	Larne SC	2:05.00	1:49.35	
4 Baird, Katie	9	Larne SC	2:05.00	1:50.07	
5 Egerton, Megan	9	Larne SC	2:04.00	1:52.37	
6 Mc Cracken, Sarah	9	City Of Belfast Swimming Club	2:00.64	1:55.00	
7 Del Castillo, Maria	9	Larne SC	2:05.00	1:55.12	
8 Teggart, Namona	9	Lisburn City Swimming Club	2:01.00	1:58.67	
9 Clements, Moya	8	Larne SC	2:05.00	2:00.38	
10 Ronan, Emer	8	Breifne	2:07.00	2:07.94	
11 Gregg, Lucy	7	Templemore	2:06.88	2:42.51	
--- Hudy, Joyce	9	Swilly Seals	1:59.37	DQ	
--- Dempster, Kathryn	9	Templemore	2:06.50	DQ	

Event 11 Girls 10 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Ronan, Leah	10	Breifne	1:34.96	1:32.44	
2 Seawright, Amy	10	Lisburn City Swimming Club	1:55.00	1:33.71	
3 Mc Dowell, Christina	10	City Of Belfast Swimming Club	1:47.55	1:37.27	
4 Beattie, Hannah	10	City Of Belfast Swimming Club	1:42.63	1:37.89	
5 Sands, Rebecca	10	Lisburn City Swimming Club	1:39.25	1:38.06	
6 Love, Natasha	10	Enniskillen Lakelanders	1:55.00	1:40.69	
7 Walker, Rowena	10	Lisburn City Swimming Club	1:54.49	1:44.16	
8 O'Hare, Sophie	10	Enniskillen Lakelanders	1:56.00	1:48.60	
9 Ingram, Maebh	10	Enniskillen Lakelanders	1:58.00	1:52.90	
10 Colgan, Sasha	10	City Of Belfast Swimming Club	1:56.61	1:54.92	
11 O'Loan, Cairtriona	10	City Of Belfast Swimming Club	1:56.22	1:58.23	
12 Kemp, Molly	10	Larne SC	1:56.00	1:58.72	
13 Roberts, Meggan	10	Larne SC	1:56.00	2:00.49	
14 Fairclough, Molly	10	Templemore	1:57.50	2:01.59	
--- Doey, Katie	10	Larne SC	1:54.00	DQ	

Event 11 Girls 11 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	1:23.36	1:23.35	
2 Miller, Kirsty	11	Larne SC	1:25.20	1:23.92	
3 Allister, Eve	11	Ards	1:24.48	1:25.13	
4 Harding, Bethan	11	Lisburn City Swimming Club	1:32.78	1:29.50	
5 Hunter, Alexandra	11	Lisburn City Swimming Club	1:26.52	1:29.92	
6 Wylie, Caitlin	11	Lurgan Amateur Swimming Club	1:31.90	1:31.24	
7 Ferguson, Koren	11	Coleraine	1:37.61	1:31.97	
8 West, Nicole	11	Lisburn City Swimming Club	1:34.21	1:33.72	
9 Campbell, Lia	11	Ards	1:35.19	1:34.15	
10 Hayes, Katie	11	Lurgan Amateur Swimming Club	1:33.41	1:34.66	
11 Morelli, Carla	11	City Of Belfast Swimming Club	1:37.45	1:36.03	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 11 Girls 11 Year Olds 100 SC Meter Backstroke C+)**

Name	Age	Team	Seed Time	Finals Time	Points
12 Blackstock, Ferne	11	Ards	1:39.45	1:36.39	
13 Tweed, Chloe	11	Ards	1:40.55	1:36.93	
14 Mc Ilhinney, Taylor	11	Larne SC	1:50.00	1:41.92	
15 Pollock, Nicole	11	Lisburn City Swimming Club	1:43.18	1:43.84	
16 Leitch, Alex	11	Larne SC	1:52.00	1:52.92	
--- Kemp, Kendra	11	Larne SC	1:54.00	DQ	

Event 11 Girls 12 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Speers, Jemma	12	Bangor	1:16.14	1:18.36	
2 Richards, Chloe	12	Lisburn City Swimming Club	1:15.69	1:18.60	
3 Montgomery, Clara	12	Larne SC	1:18.46	1:19.13	
4 Hammond, Grace	12	Ards	1:29.89	1:26.58	
5 Patterson, Ellen	12	Riversdale Otters Strabane	1:26.82	1:26.82	
6 Watson, Hannah	12	Lisburn City Swimming Club	1:23.74	1:27.76	
7 Gourley, Lauren	12	Lisburn City Swimming Club	1:24.32	1:28.28	
8 Fullerton, Emma	12	Larne SC	1:24.37	1:28.53	
9 Shannon, Beth	12	Larne SC	1:29.53	1:28.76	
10 Jeffers, Megan	12	Ards	1:30.89	1:31.22	
11 Burns, Amelia	12	Lurgan Amateur Swimming Club	1:31.13	1:31.55	
12 Beatty, Annie	12	Lurgan Amateur Swimming Club	1:29.59	1:34.74	
13 Dent, Bethany	12	Larne SC	1:47.50	1:39.77	
14 Telford, Hannah	12	Lisburn City Swimming Club	1:45.00	1:41.67	

Event 11 Girls 13 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Turner, Kirstie	13	Larne SC	1:13.31	1:12.55	
2 Mc Grattan, Rachel	13	Bangor	1:15.57	1:17.63	
3 Peel, Jessica	13	Lisburn City Swimming Club	1:16.30	1:18.59	
4 Moore, Monique	13	Bangor	1:17.38	1:19.76	
5 Kavanagh, Alice	13	Larne SC	1:19.76	1:20.88	
6 Montgomery, Kathryn	13	Bangor	1:22.05	1:22.88	
7 Mc Keown, Paige	13	Lisburn City Swimming Club	1:18.49	1:23.07	
8 Ritchie, Clarissa	13	Ards	1:19.97	1:23.78	
9 Firth, Bethany	13	Ards	1:36.66	1:26.11	
10 Coyle, Cliodna	13	City of Derry	1:22.87	1:26.22	
11 Mc Murray, Rachel	13	Lisburn City Swimming Club	1:27.86	1:29.16	
12 Mc Hugh, Niamh	13	Swilly Seals	1:31.54	1:29.20	
13 Fekkes, Carla	13	Larne SC	1:32.00	1:29.79	

Event 11 Girls 14 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hall, Charlotte	14	Larne SC	1:11.48	1:13.05	
2 Corbett, Shannon	14	Templemore	1:13.44	1:14.28	
3 Harley-Moyes, Seana	14	City Of Belfast Swimming Club	1:18.21	1:18.77	
4 Whitten, Kerry	14	Larne SC	1:15.76	1:18.83	
5 Montgomery, Beth	14	Coleraine	1:27.00	1:20.90	
6 Miller, Kate	14	Larne SC	1:22.41	1:21.63	
7 Mc Allister, Catriona	14	Larne SC	1:30.71	1:22.52	
8 Mc Caughey, Lauren	14	Larne SC	1:27.24	1:25.07	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 11 Girls 14 Year Olds 100 SC Meter Backstroke C+)**

Name	Age	Team	Seed Time	Finals Time	Points
9 Kerr, Megan	14	Larne SC	1:24.24	1:25.74	

Event 11 Women 15 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Douglas, Kathryn	15	Larne SC	1:17.79	1:17.69	
2 Campbell, Emma	15	Larne SC	1:18.53	1:20.30	
3 Savage, Niamh	15	Ards	1:21.02	1:22.72	
4 Mc Anee, Niamh	15	City of Derry	1:24.73	1:27.26	

Event 11 Women 16 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Foreman, Rebecca	16	Larne SC	1:11.87	1:12.24	
2 Mc Connolgue, EmmaJo	16	City of Derry	1:15.46	1:17.02	
3 Shannon, Sarah	16	Larne SC	1:17.21	1:18.56	
4 Haughey, Gemma	16	Riversdale Otters Strabane	1:20.05	1:19.65	

Event 14 Men 9 & Under 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Hare-Smith, Sean	9	Enniskillen Lakelanders	2:02.00	1:55.24	
2 Mc Keague, Ciaran	9	Ballymoney	2:21.00	2:08.11	
3 Evans, Niall	9	Ballymoney	2:21.00	2:10.13	

Event 14 Men 10 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Crossan, Stefan	10	Riversdale Otters Strabane	1:39.44	1:40.64	
2 Manley, Adam	10	Ards	1:47.90	1:42.57	
3 Speers, Peter	10	Bangor	1:46.99	1:43.49	
4 Mc Niff, Patrick	10	Banbridge	2:12.00	1:49.97	
5 O'Hare, Michael	10	Enniskillen Lakelanders	2:02.00	1:53.50	
6 Haskins, Alexander	10	Lisburn City Swimming Club	1:59.53	1:54.82	
7 Saulters, Neil	10	Lisburn City Swimming Club	2:01.33	1:58.27	
--- Morris, Rory	10	Enniskillen Lakelanders	2:11.00	DQ	

Event 14 Men 11 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Caughey, Christopher	11	Bangor	1:30.34	1:31.92	
2 Brashaw, Craig	11	Ards	1:34.30	1:34.94	
3 Mc Ateer, Cameron	11	Lisburn City Swimming Club	1:38.35	1:36.67	
4 Walker, Alex	11	Lisburn City Swimming Club	1:41.31	1:37.17	
5 Stewart, Jonathon	11	Lisburn City Swimming Club	1:45.84	1:39.65	
6 Vaughan, Caolan	11	Swilly Seals	1:56.93	1:40.40	
7 Manley, Sam	11	Ards	1:50.00	1:41.81	
8 Corry, Malcolm	11	Ards	1:48.99	1:42.73	
9 Thompson, Ben	11	Lisburn City Swimming Club	1:54.23	1:44.66	
10 Taylor, Callum	11	Lisburn City Swimming Club	1:45.58	1:46.88	
11 Stevenson, Andrew	11	Ballymoney	1:58.00	1:51.04	
12 Mc Hugh, Stuart	11	Ballymoney	1:58.00	1:59.85	

Event 14 Men 12 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Finlay, Jack	12	Larne SC	1:28.56	1:29.39	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

Swim Ulster Graded Gala 1 - The COOK Gala

Medal winners must have achieved the grade

Results

(Event 14 Men 12 Year Olds 100 SC Meter Breaststroke C+)

Name	Age	Team	Seed Time	Finals Time	Points
2 Mc Nally, Mark	12	Bangor	1:29.17	1:30.24	
3 Evans, Michael M	12	Ballymoney	1:30.01	1:31.04	
4 Fearon, Michael	12	Lurgan Amateur Swimming Club	1:28.71	1:31.75	
5 Mc Lean, Andrew	12	Ballymoney	1:38.55	1:31.76	
6 Mc Meechan, Jamie	12	Bangor	1:38.79	1:37.62	
7 Hill, Gareth	12	Lisburn City Swimming Club	1:50.00	1:39.87	
*8 Hayes, Kyle	12	Lisburn City Swimming Club	1:37.08	1:41.23	
*8 Law, Kristopher	12	Lisburn City Swimming Club	1:45.36	1:41.23	
10 Coulter, Daniel	12	Lisburn City Swimming Club	1:51.00	1:45.08	
11 Mawhinney, Kyle	12	Lisburn City Swimming Club	1:52.00	1:58.07	
--- Ritchie, Curtis	12	Ards	1:39.31	DQ	
--- Lyttle, Robert	12	Banbridge	1:30.85	DQ	

Event 14 Men 13 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Angus, Paul	13	Bangor	1:15.91	36.60	
2 Scott, Matthew	13	Ards	1:20.79	1:20.63	
3 Walker, Matthew	13	Lisburn City Swimming Club	1:24.10	1:21.60	
4 Doggart, James	13	Bangor	1:21.32	1:22.55	
5 Mc Clenaghan, Elliot	13	Ards	1:24.42	1:23.05	
6 Bradley, Pearse	13	City of Derry	1:25.71	1:26.85	
7 Allison, Robert	13	Lisburn City Swimming Club	1:38.83	1:29.97	
8 Stevenson, Graham	13	Banbridge	1:32.00	1:35.22	
9 Frizzell, Ryan	13	Bangor	1:48.64	1:35.51	
10 Mc Keague, Eamonn	13	Ballymoney	1:49.00	1:56.94	

Event 14 Men 14 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	1:15.16	1:12.87	
2 Dawson, Rodger	14	Bangor	1:16.85	1:16.89	
3 Boyce, Michael	14	Swilly Seals	1:18.00	1:22.35	
4 Mc Gibbon, Robert	14	Leander	1:35.80	1:27.80	
--- Wiffen, Ben	14	Lurgan Amateur Swimming Club	1:23.78	DQ	

Event 14 Men 15 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	1:15.91	1:17.04	
2 Osborne, Luke	15	Ballymoney	1:18.83	1:18.64	
3 O'Reilly, Owen	15	Ards	1:25.65	1:21.39	
4 Frizzell, Stephen	15	Bangor	1:18.62	1:22.06	

Event 14 Men 16 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Munn, Sean	16	Ards	1:10.95	1:12.00	
2 Ferguson, Jay-Dee	16	Coleraine	1:11.00	1:13.87	
3 Osborne, Simon	16	Ballymoney	1:10.19	1:14.24	
4 Bell, Darren	16	Ards	1:15.14	1:14.47	
5 Scott, Luke	16	Ards	1:15.57	1:14.80	
6 Williamson, Owen	16	Larne SC	1:14.26	1:16.41	
7 O'Neill, Cathal	16	Riversdale Otters Strabane	1:18.32	1:21.30	
8 Gaynor, Ian	16	City of Derry	1:29.67	1:21.73	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 14 Men 16 Year Olds 100 SC Meter Breaststroke C+)**

Name	Age	Team	Seed Time	Finals Time	Points
9 Hamilton, James	16	Larne SC	1:26.23	1:22.73	
10 Keelan, Mc Corrison	16	City of Derry	1:26.67	1:25.73	

Event 14 Men 17 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Wray, Ryan	17	Leander	1:06.99	1:09.43	
2 Leckey, Jordan	17	Lurgan Amateur Swimming Club	1:10.55	1:09.75	
3 Elliott, David	17	Leander	1:26.80	1:23.63	

Event 15 Girls 9 & Under 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Higgins, Leigh	9	Templemore	6:28.41	6:37.86	
2 Dougan, Maia	9	Templemore	6:57.18	6:44.17	
3 Hudy, Joyce	9	Swilly Seals	8:02.00	7:29.86	

Event 15 Girls 10 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	5:48.00	5:38.55	
2 Hill, Danielle	10	Templemore	5:57.86	5:56.37	
3 Reid, Emma	10	Bangor	6:02.28	6:10.52	
4 Simpson, Megan	10	Templemore	6:19.73	6:20.07	
5 Beattie, Hannah	10	City Of Belfast Swimming Club	6:51.78	6:31.46	
6 Mc Dowell, Christina	10	City Of Belfast Swimming Club	7:00.78	6:38.20	
7 Mc Hugh, Cliodhna	10	Swilly Seals	6:53.00	6:38.28	
8 Wallace, Chloe	10	Templemore	7:45.00	7:09.75	

Event 15 Girls 11 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Dougan, Evie	11	Templemore	6:57.18	5:33.37	
2 Russell, Ruth	11	Lisburn City Swimming Club	5:58.33	5:36.00	
3 Hunter, Alexandra	11	Lisburn City Swimming Club	6:07.86	5:49.98	
4 Navalli, Helen	11	Ards	6:38.67	6:01.51	
5 Hall, Esmee	11	Banbridge	6:34.00	6:11.67	
6 Houston, Bethany	11	Bangor	6:09.46	6:15.81	
7 Mc Collum, Robyn	11	Ards	6:40.89	6:17.18	
8 Cromie, Brontie	11	Bangor	6:11.70	6:18.85	
9 Dickson, Lauren	11	Templemore	6:59.00	6:44.37	

Event 15 Girls 12 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Montgomery, Clara	12	Larne SC	5:41.00	5:23.03	
2 Mc Ardle, Natasha	12	Riversdale Otters Strabane	5:29.99	5:29.75	
3 Richards, Chloe	12	Lisburn City Swimming Club	5:29.84	5:35.15	
4 Watson, Hannah	12	Lisburn City Swimming Club	5:24.85	5:36.64	
5 Fullerton, Emma	12	Larne SC	5:43.96	5:37.61	
6 Dornan, Ruth	12	Leander	5:43.75	5:38.77	
7 Johnston, Victoria	12	Templemore	5:36.58	5:39.45	
8 Gourley, Lauren	12	Lisburn City Swimming Club	6:11.66	5:52.78	
9 Patterson, Ellen	12	Riversdale Otters Strabane	5:48.65	6:02.33	
10 Irvine, Emma	12	Lurgan Amateur Swimming Club	6:33.10	6:05.46	
11 Black, Chloe	12	Templemore	6:08.78	6:05.64	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 15 Girls 12 Year Olds 400 SC Meter Freestyle B+)**

Name	Age	Team	Seed Time	Finals Time	Points
12 Shannon, Beth	12	Larne SC	6:18.07	6:06.74	
13 Bennett, Sarah	12	Bangor	6:08.03	6:10.87	
14 Dickson, Tara	12	Templemore	6:39.10	6:15.38	
15 Gregg, Anna	12	Templemore	6:39.31	6:23.69	
16 Watson, Emma	12	Templemore	6:40.00	7:09.26	

Event 15 Girls 13 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Turner, Kirstie	13	Larne SC	4:59.08	4:58.07	
2 Montgomery, Kathryn	13	Bangor	5:19.15	5:02.76	
3 Dornan, Amy	13	Leander	5:43.75	5:06.41	
4 Preston, Danielle	13	Riversdale Otters Strabane	5:16.36	5:13.65	
5 Taylor, Hannah	13	Lisburn City Swimming Club	5:09.56	5:14.34	
6 Scott, Lucy	13	Lisburn City Swimming Club	5:01.58	5:16.05	
7 Kavanagh, Alice	13	Larne SC	5:37.10	5:24.07	
8 Sofley, Jane	13	Templemore	5:20.14	5:26.97	
9 Peel, Jessica	13	Lisburn City Swimming Club	5:20.17	5:33.33	
10 Mc Hugh, Niamh	13	Swilly Seals	5:47.00	5:36.06	
11 Mc Keown, Paige	13	Lisburn City Swimming Club	5:37.44	5:36.08	
12 Lynn, Rachel	13	Templemore	5:55.69	5:51.57	
13 Wallace, Courtney	13	Templemore	6:15.00	6:00.33	
14 Mc Murray, Rachel	13	Lisburn City Swimming Club	6:15.09	6:13.95	

Event 15 Girls 14 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	4:16.00	4:25.34	
2 Mc Ilveen, Anne	14	Bangor	5:02.37	4:58.77	
3 Harley-Moyes, Seana	14	City Of Belfast Swimming Club	5:06.66	5:00.36	
4 Hanley, Fiona	14	Templemore	5:22.36	5:15.11	
5 O'Rourke, Laura	14	Leander	5:34.30	5:39.43	
6 Hartness, Emma	14	Templemore	5:50.00	5:40.71	

Event 15 Women 15 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Campbell, Emma	15	Larne SC	5:09.56	5:05.32	
2 Douglas, Kathryn	15	Larne SC	5:08.81	5:07.97	
3 Mc Anee, Niaomh	15	City of Derry	5:25.43	5:36.48	

Event 15 Women 16 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Heyburn, Emily	16	City Of Belfast Swimming Club	4:41.51	4:41.18	
2 Mc Connolgue, EmmaJo	16	City of Derry	4:53.60	5:04.77	
3 Connelly, Ruby	16	Templemore	5:25.00	5:07.53	
4 Shannon, Sarah	16	Larne SC	5:20.26	5:18.38	
5 Haughey, Gemma	16	Riversdale Otters Strabane	5:42.50	5:41.45	

Event 15 Women 17 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Riordan, Maria	17	City Of Belfast Swimming Club	5:02.92	5:08.70	
2 Adams, Sophie	17	Templemore	5:20.00	5:20.45	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 16 Men 9 & Under 200 SC Meter Backstroke C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ferguson, Conor	9	Templemore	2:57.56	2:54.21	
2 Edmond, Aston	9	Templemore	3:40.65	3:28.78	
3 Mc Knight, Ethan	9	Templemore	3:59.12	3:42.17	

Event 16 Men 10 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Saulters, Neil	10	Lisburn City Swimming Club	3:07.27	3:19.93	
2 Scott, Jacob	10	Ards	3:30.67	3:25.88	
3 Haskins, Alexander	10	Lisburn City Swimming Club	3:18.50	3:27.30	
4 Gregg, Charlie	10	Templemore	3:37.78	3:28.42	
5 Fisher, Michael	10	Templemore	3:44.75	3:29.56	
6 Cunningham-Bell, Jacob	10	Coleraine	3:40.00	3:31.29	
7 Jones, Iain	10	Ards	3:51.26	3:45.45	
--- Cheetham, Coby	10	Ards	3:35.89	DQ	

Event 16 Men 11 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Alex	11	Lisburn City Swimming Club	3:04.53	3:01.61	
2 Mc Ateer, Cameron	11	Lisburn City Swimming Club	3:08.67	3:03.27	
3 Taylor, Callum	11	Lisburn City Swimming Club	3:24.96	3:09.74	
4 Mc Nutt, Robert	11	Templemore	3:06.14	3:14.18	
5 Gaffney, Michael	11	Bangor	3:04.10	3:15.03	
6 Hamilton, Will	11	Ards	3:30.00	3:17.79	
7 Thompson, Ben	11	Lisburn City Swimming Club	3:24.09	3:23.51	
8 Glover, Bryan	11	Ards	3:35.00	3:26.03	
9 Ellson, Conor	11	Templemore	3:35.15	3:27.86	
10 Stewart, Jonathon	11	Lisburn City Swimming Club	3:30.50	3:36.08	

Event 16 Men 12 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Leon	12	Swilly Seals	2:36.50	2:32.72	
2 Brown, James	12	Ards	2:40.91	2:42.27	
3 Richardson, James	12	Coleraine	2:44.68	2:46.75	
4 Berryman, Morgan	12	City Of Belfast Swimming Club	2:51.59	2:50.21	
5 Hartness, Scott	12	Templemore	2:57.00	2:50.63	
6 Dennis, Scott	12	Bangor	2:53.38	2:56.82	
7 Hayes, Kyle	12	Lisburn City Swimming Club	2:56.81	3:06.87	
8 Hamilton, David	12	Larne SC	2:59.69	3:08.69	
9 Mawhinney, Kyle	12	Lisburn City Swimming Club	3:19.38	3:20.94	
10 Law, Kristopher	12	Lisburn City Swimming Club	3:24.40	3:27.21	
--- Coulter, Daniel	12	Lisburn City Swimming Club	3:31.00	DQ	
--- Kane, Thomas	12	Bangor	3:22.34	DQ	
--- Hill, Gareth	12	Lisburn City Swimming Club	3:16.94	DQ	

Event 16 Men 13 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Allison, Robert	13	Lisburn City Swimming Club	2:33.11	2:31.86	
2 Scott, Matthew	13	Ards	2:32.50	2:34.28	
3 Mc Dowell, James	13	Bangor	2:38.12	2:35.23	
4 Walker, Matthew	13	Lisburn City Swimming Club	2:42.60	2:41.86	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

Swim Ulster Graded Gala 1 - The COOK Gala

Medal winners must have achieved the grade

Results

(Event 16 Men 13 Year Olds 200 SC Meter Backstroke C+)

Name	Age	Team	Seed Time	Finals Time	Points
5 Irwin, James	13	Templemore	3:00.00	2:59.77	
6 Simpson, Kurt	13	Bangor	3:02.33	3:03.05	
7 Dougan, Robbie	13	Templemore	3:04.11	3:03.31	
8 Fraser, Alistair	13	Templemore	3:20.13	3:16.69	

Event 16 Men 14 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Nally, Stephen	14	Bangor	2:24.43	2:26.67	
2 Coulter, Curtis	14	Ards	2:19.78	2:29.28	
3 Melagh, Terry	14	City of Derry	2:29.89	2:33.65	
4 Boyce, Michael	14	Swilly Seals	NT	2:35.90	
5 Mc Culloch, Andrew A	14	Ballymoney	2:39.19	2:40.83	
6 Cairnduff, Sam	14	Ards	2:46.55	2:44.77	

Event 16 Men 16 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Campbell, Luke	16	Ards	2:11.94	2:15.32	

Event 17 Girls 9 & Under 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Elli	9	Banbridge	3:50.00	3:36.90	
2 Bethel, Rachel	9	Lisburn City Swimming Club	3:43.70	3:42.03	
3 Teggart, Namona	9	Lisburn City Swimming Club	3:48.74	3:47.61	

Event 17 Girls 10 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Poppy	10	Banbridge	3:16.38	3:12.90	
2 Ronan, Leah	10	Breifne	3:29.57	3:21.03	
3 Kilpatrick, Jane	10	Banbridge	3:33.44	3:26.11	
4 Sands, Rebecca	10	Lisburn City Swimming Club	3:25.27	3:26.48	
5 Walker, Rowena	10	Lisburn City Swimming Club	3:46.85	3:46.11	
--- Seawright, Amy	10	Lisburn City Swimming Club	3:43.43	DQ	

Event 17 Girls 11 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Kane, Gemma	11	Bangor	3:05.22	2:56.69	
2 Wylie, Caitlin	11	Lurgan Amateur Swimming Club	3:23.00	3:15.61	
3 West, Nicole	11	Lisburn City Swimming Club	3:28.15	3:15.75	
4 Allister, Eve	11	Ards	3:15.94	3:19.73	
5 Houston, Bethany	11	Bangor	3:19.36	3:20.30	
6 Harding, Bethan	11	Lisburn City Swimming Club	3:23.29	3:21.74	
7 Campbell, Lia	11	Ards	3:32.61	3:23.38	
8 Blackstock, Ferne	11	Ards	3:39.04	3:25.62	
9 Tweed, Chloe	11	Ards	3:39.67	3:38.51	
10 Pollock, Nicole	11	Lisburn City Swimming Club	3:47.77	3:55.42	
--- Morelli, Carla	11	City Of Belfast Swimming Club	3:39.44	DQ	
--- Hall, Esmee	11	Banbridge	3:14.53	DQ	

Event 17 Girls 12 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Dowell, Mary-Kate	12	Bangor	2:44.82	2:40.58	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

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Medal winners must have achieved the grade

Results

(Event 17 Girls 12 Year Olds 200 SC Meter IM B+)

Name	Age	Team	Seed Time	Finals Time	Points
2 Speers, Jemma	12	Bangor	NT	2:52.35	
3 Hammond, Grace	12	Ards	2:47.14	2:52.71	
4 Mc Kibbin, Jess	12	Bangor	2:52.67	2:54.48	
5 Allen, Sophie	12	Ards	2:56.13	3:03.20	
6 Fullerton, Emma	12	Larne SC	3:01.95	3:07.12	
7 Mc Kenna, Megan	12	Banbridge	3:19.80	3:09.13	
8 Cameron, Ellie	12	Bangor	3:31.00	3:14.74	
9 Jeffers, Megan	12	Ards	3:14.34	3:18.97	
10 Beatty, Annie	12	Lurgan Amateur Swimming Club	3:39.01	3:21.85	
11 Telford, Hannah	12	Lisburn City Swimming Club	3:30.14	3:29.95	

Event 17 Girls 13 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Turner, Kirstie	13	Larne SC	2:44.54	2:48.97	
2 Bradley, Claire	13	City of Derry	2:54.03	2:53.58	
3 Coyle, Cliodna	13	City of Derry	3:02.12	2:56.81	
4 Ritchie, Clarissa	13	Ards	2:55.34	3:04.10	
5 Laird, Robyn	13	Bangor	3:30.00	3:25.57	
--- Blake, Erin	13	Larne SC	2:56.00	DQ	

Event 17 Girls 14 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Corbett, Shannon	14	Templemore	2:46.02	2:46.11	
2 Corry, Shona	14	Ards	2:45.21	2:51.37	

Event 17 Women 15 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adair, Rachel	15	City of Derry	2:48.08	2:55.15	
2 Savage, Niamh	15	Ards	2:57.54	2:59.67	
3 Jeffers, Sarah	15	Ards	2:58.15	3:03.62	

Event 17 Women 16 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Heyburn, Emily	16	City Of Belfast Swimming Club	2:32.54	2:36.27	
2 Mc Connolgue, EmmaJo	16	City of Derry	2:45.32	2:48.83	
3 Barrow, Sigourney	16	City of Derry	2:55.21	2:49.66	

Event 18 Men 9 & Under 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Evans, Niall	9	Ballymoney	2:04.00	2:04.34	

Event 18 Men 10 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Crossan, Ethan	10	Riversdale Otters Strabane	1:22.81	1:25.07	
2 Speers, Peter	10	Bangor	1:26.83	1:36.82	
3 Cunningham-Bell, Jacob	10	Coleraine	1:47.00	1:45.95	

Event 18 Men 11 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Alex	11	Lisburn City Swimming Club	1:22.11	1:23.62	
2 Mc Ateer, Cameron	11	Lisburn City Swimming Club	1:34.00	1:36.89	
3 Taylor, Callum	11	Lisburn City Swimming Club	1:42.50	1:42.54	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 18 Men 12 Year Olds 100 SC Meter Butterfly C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Evans, Michael M	12	Ballymoney	1:10.85	1:12.46	
2 Vaughan, Leon	12	Swilly Seals	1:16.45	1:18.88	
3 Finlay, Jack	12	Larne SC	1:18.13	1:19.29	
4 Mc Lean, Andrew	12	Ballymoney	1:28.77	1:26.16	
5 Mc Dowell, Robert	12	City Of Belfast Swimming Club	1:25.69	1:33.14	
6 Kane, Thomas	12	Bangor	1:44.67	1:34.32	

Event 18 Men 13 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Matthew	13	Lisburn City Swimming Club	1:16.89	1:13.12	
2 Mc Clenaghan, Elliot	13	Ards	1:11.60	1:14.74	
3 Casey, Eoin	13	City of Derry	1:15.43	1:15.43	
4 Allison, Robert	13	Lisburn City Swimming Club	1:28.44	1:17.15	
5 Mc Dowell, James	13	Bangor	1:16.53	1:21.34	
6 Ferguson, Calum	13	Coleraine	1:22.52	1:23.14	
7 Stevenson, Graham	13	Banbridge	1:24.00	1:23.17	
--- Hillis, Corey	13	Bangor	1:44.00	DQ	

Event 18 Men 14 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	1:00.63	1:02.08	
2 Brines, Conor	14	Larne SC	1:07.77	1:09.86	
3 Bennison, Christian	14	Leander	1:10.54	1:10.09	
4 Mc Mullan, James	14	Bangor	1:12.21	1:12.90	
5 O'Brien, Connell	14	City of Derry	1:14.89	1:13.98	
6 O'Neill, Conor	14	Riversdale Otters Strabane	1:13.22	1:14.45	
7 Kelly, Joel	14	Ards	1:14.30	1:14.54	
8 Speers, Harry	14	Bangor	1:11.24	1:15.05	
9 Meek, Adam	14	Leander	1:10.00	1:15.44	
10 Boyce, Michael	14	Swilly Seals	1:10.00	1:16.83	
11 Knox, James	14	Ards	1:18.32	1:19.52	

Event 18 Men 15 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Wylie, Mark	15	Larne SC	1:00.94	1:02.53	

Event 18 Men 16 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Campbell, Luke	16	Ards	1:07.86	1:03.29	
2 Coils, Chris	16	Coleraine	1:03.03	1:05.99	
3 Munn, Sean	16	Ards	1:10.05	1:06.10	
4 Garvey, James	16	City of Derry	1:09.28	1:07.08	
5 Kearney, Ruairi	16	Lecale Downpatrick	1:09.00	1:07.74	
6 Keelan, Mc Corrison	16	City of Derry	1:15.44	1:15.39	
7 Rooney, James	16	Leander	1:18.15	1:17.47	

Event 18 Men 17 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Leckey, Jordan	17	Lurgan Amateur Swimming Club	59.18	1:00.51	
2 Donnelly, Conor	17	Leander	1:03.20	1:00.56	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala**

Medal winners must have achieved the grade

Results**(Event 18 Men 17 Year Olds 100 SC Meter Butterfly C+)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Patton, David D	17	Ballymoney	1:06.24	1:04.99	
4 Carroll, Philip	17	Larne SC	1:03.18	1:05.38	

Event 18 Men 18 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Leaney, Conor	18	Larne SC	54.99	58.14	

Event 18 Men 19 & Over 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Graham, David	24	Ards	59.40	59.07	
2 Chisholm, Iain	19	Leander	1:00.98	59.75	

Event 19 Girls 9 & Under 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Elli	9	Banbridge	4:20.00	4:06.50	

Event 19 Girls 10 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Poppy	10	Banbridge	3:45.00	3:43.09	
2 Kilpatrick, Jane	10	Banbridge	4:10.00	3:47.17	

Event 19 Girls 11 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	3:30.22	3:22.86	
2 Hunter, Alexandra	11	Lisburn City Swimming Club	3:29.65	3:23.34	
3 Kane, Gemma	11	Bangor	3:26.44	3:24.32	
4 Hall, Esmee	11	Banbridge	3:33.25	3:30.59	
5 West, Nicole	11	Lisburn City Swimming Club	3:45.00	3:42.55	
6 Cromie, Brontie	11	Bangor	4:02.31	3:48.48	
7 Allister, Eve	11	Ards	4:03.91	3:57.11	
8 Hayes, Katie	11	Lurgan Amateur Swimming Club	4:10.08	3:57.58	
9 Harding, Bethan	11	Lisburn City Swimming Club	3:59.81	4:01.93	

Event 19 Girls 12 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hammond, Grace	12	Ards	3:04.62	3:07.11	
2 Grimley, Clare	12	Bangor	3:19.45	3:07.61	
3 Mc Kimm, Shannon	12	Bangor	3:09.43	3:07.70	
4 Johnston, Victoria	12	Templemore	3:16.97	3:22.04	
5 Allen, Sophie	12	Ards	3:24.36	3:22.86	
6 Cameron, Ellie	12	Bangor	3:25.70	3:26.93	
7 Gourley, Lauren	12	Lisburn City Swimming Club	3:34.72	3:30.34	
8 Bennett, Sarah	12	Bangor	3:39.83	3:34.18	
9 Watson, Hannah	12	Lisburn City Swimming Club	3:40.08	3:35.07	
10 Black, Chloe	12	Templemore	3:42.06	3:36.24	
11 Jeffers, Megan	12	Ards	3:49.73	3:39.80	
12 Richards, Chloe	12	Lisburn City Swimming Club	3:37.78	3:39.94	
13 Gregg, Anna	12	Templemore	3:50.12	3:43.01	
14 Telford, Hannah	12	Lisburn City Swimming Club	4:00.96	3:47.56	
15 Watson, Emma	12	Templemore	4:00.00	3:55.73	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 19 Girls 13 Year Olds 200 SC Meter Breaststroke B+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Bradley, Claire	13	City of Derry	2:52.52	3:06.90	
2 Taylor, Hannah	13	Lisburn City Swimming Club	3:03.38	3:13.19	
3 Mc Garvey, Lydia	13	Templemore	3:14.69	3:23.12	
4 Moore, Monique	13	Bangor	3:21.17	3:23.34	
5 Ritchie, Clarissa	13	Ards	3:15.00	3:29.58	
6 Scott, Lucy	13	Lisburn City Swimming Club	3:21.19	3:31.66	
*7 Peel, Jessica	13	Lisburn City Swimming Club	3:33.62	3:35.43	
*7 Mc Keown, Paige	13	Lisburn City Swimming Club	3:35.39	3:35.43	
9 Laird, Robyn	13	Bangor	3:31.20	3:36.98	
10 Wallace, Courtney	13	Templemore	3:45.00	3:38.39	
11 Mc Murray, Rachel	13	Lisburn City Swimming Club	3:37.21	3:45.49	
12 Lynn, Rachel	13	Templemore	3:42.00	3:52.61	
--- Sofley, Jane	13	Templemore	3:45.00	DQ	

Event 19 Girls 14 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	2:37.00	2:34.15	
2 Hill, Louise	14	Larne SC	3:04.51	3:06.43	
3 Corry, Shona	14	Ards	3:06.50	3:10.04	
4 Hartness, Emma	14	Templemore	3:13.00	3:13.97	
5 Corbett, Shannon	14	Templemore	3:19.64	3:24.32	

Event 19 Women 15 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Savage, Niamh	15	Ards	3:14.60	3:17.50	
2 Jeffers, Sarah	15	Ards	3:18.29	3:24.06	
3 Barry, Marie-Claire	15	Templemore	3:30.00	3:31.66	

Event 19 Women 16 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Connelly, Ruby	16	Templemore	3:18.00	3:13.09	

Event 19 Women 17 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adams, Sophie	17	Templemore	2:50.83	2:53.18	

Event 19 Women 19 & Over 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Todd, Alison	21	City Of Belfast Swimming Club	2:36.58	2:41.70	

Event 20 Men 9 & Under 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Edmond, Aston	9	Templemore	1:46.00	1:42.30	
2 Balfour, Luke	9	Ards	1:50.00	1:49.33	
3 Honan, Michael	9	Templemore	1:49.22	1:55.92	
--- Megarry, Jack	8	Ards	1:50.00	DQ	
--- Rogers, Luke	8	Ards	1:50.00	DQ	

Event 20 Men 10 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Proctor, Andrew	10	Templemore	1:38.43	1:33.38	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

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Medal winners must have achieved the grade

Results

(Event 20 Men 10 Year Olds 100 SC Meter IM C+)

Name	Age	Team	Seed Time	Finals Time	Points
2 Cunningham-Bell, Jacob	10	Coleraine	1:40.00	1:38.03	
3 Manley, Adam	10	Ards	1:41.23	1:38.29	
4 Mc Niff, Patrick	10	Banbridge	1:43.00	1:40.91	
5 Hodgson, Stephen	10	Templemore	1:40.56	1:43.74	
6 O'Neill, James	10	Ards	1:43.00	1:47.86	
7 Pyper, Sam	10	Ards	1:43.00	1:49.11	
8 Mc Collum, Stuart	10	Ards	1:43.00	1:55.00	
--- Cheetham, Coby	10	Ards	1:39.02	DQ	
--- Mills, Chris	10	Ards	1:43.00	DQ	

Event 20 Men 11 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Brashaw, Craig	11	Ards	1:29.07	1:28.11	
2 Vaughan, Caolan	11	Swilly Seals	1:31.90	1:28.62	
3 Manley, Sam	11	Ards	1:35.54	1:32.91	
4 Mc Nutt, Robert	11	Templemore	1:37.22	1:35.66	
5 Gaffney, Michael	11	Bangor	1:38.50	1:35.94	
6 Corry, Malcolm	11	Ards	1:35.00	1:39.66	
7 Stevenson, Andrew	11	Ballymoney	1:41.00	1:40.35	
8 Hamilton, Will	11	Ards	1:30.00	1:40.75	
9 Glover, Bryan	11	Ards	1:40.00	1:41.29	
10 Mc Hugh, Stuart	11	Ballymoney	1:41.00	1:43.57	
11 Mc Farland, Joshua	11	Ards	1:41.00	1:49.48	

Event 20 Men 12 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Berryman, Morgan	12	City Of Belfast Swimming Club	1:25.21	1:18.65	
2 Richardson, James	12	Coleraine	1:17.28	1:19.27	
3 Dennis, Scott	12	Bangor	1:32.22	1:22.11	
4 Lyttle, Robert	12	Banbridge	1:38.60	1:24.98	
5 Hartness, Scott	12	Templemore	1:25.00	1:25.81	
6 Ritchie, Curtis	12	Ards	1:35.00	1:29.40	
--- Mc Knight, Ross	12	Templemore	1:39.00	DQ	
--- Brown, James	12	Ards	1:24.33	DQ	

Event 20 Men 13 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Doggart, James	13	Bangor	1:18.61	1:16.81	
2 Dougan, Robbie	13	Templemore	1:15.00	1:17.28	
3 Bradley, Pearse	13	City of Derry	1:19.54	1:18.92	
4 Irwin, James	13	Templemore	1:22.00	1:20.51	
5 Stevenson, Graham	13	Banbridge	1:25.00	1:20.58	
6 Ferguson, Calum	13	Coleraine	1:19.31	1:20.67	
7 Simpson, Kurt	13	Bangor	1:28.54	1:23.20	
8 Casey, Eoin	13	City of Derry	1:20.54	1:23.91	
9 Frizzell, Ryan	13	Bangor	1:28.61	1:24.15	
10 Fraser, Alistair	13	Templemore	1:35.17	1:29.04	
11 Robinson, Caomhin	13	Lurgan Amateur Swimming Club	1:32.12	1:33.77	
12 Hillis, Corey	13	Bangor	1:36.00	1:37.68	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 20 Men 14 Year Olds 100 SC Meter IM C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Coulter, Curtis	14	Ards	1:07.92	1:02.85	
2 Boyce, Michael	14	Swilly Seals	1:12.00	1:13.52	
3 Knox, James	14	Ards	1:15.65	1:13.63	
4 Melagh, Terry	14	City of Derry	1:17.67	1:14.06	
5 Mc Culloch, Andrew A	14	Ballymoney	1:21.39	1:16.13	
6 O'Brien, Connell	14	City of Derry	1:16.87	1:16.86	
7 Wiffen, Ben	14	Lurgan Amateur Swimming Club	1:16.40	1:16.96	
8 Cairnduff, Sam	14	Ards	1:30.00	1:18.04	
9 Kelly, Joel	14	Ards	1:27.61	1:18.73	

Event 20 Men 15 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Wylie, Mark	15	Larne SC	1:09.67	1:03.65	
2 Mc Culloch, Iain I	15	Ballymoney	1:09.21	1:06.29	
3 Osborne, Luke	15	Ballymoney	1:10.94	1:11.02	

Event 20 Men 16 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Coils, Chris	16	Coleraine	1:07.90	1:07.68	
2 Ferguson, Jay-Dee	16	Coleraine	1:09.13	1:08.98	
3 Osborne, Simon	16	Ballymoney	1:09.62	1:09.30	
4 Kearney, Ruairi	16	Lecale Downpatrick	1:11.50	1:10.04	
5 Williamson, Owen	16	Larne SC	1:10.47	1:10.05	
6 Garvey, James	16	City of Derry	1:13.88	1:10.97	
7 Gaynor, Ian	16	City of Derry	1:15.34	1:11.45	
8 Keelan, Mc Corrison	16	City of Derry	1:16.12	1:15.42	

Event 20 Men 17 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Wray, Ryan	17	Leander	1:03.00	1:05.57	
2 Traill, Patrick	17	Ballymoney	1:05.42	1:06.22	

Event 20 Men 19 & Over 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bell, Matthew	19	Leander	1:18.20	1:13.70	

Event 21 Men 9 & Under 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Stoops, Mark	9	Bangor	1:35.99	1:28.91	
2 Angus, Jack	8	Bangor	1:40.89	1:32.87	
3 Fletcher, Nathan	9	Bangor	1:50.00	1:39.44	
4 Best, Christian	8	Templemore	1:47.56	1:43.13	
5 Mc Keague, Ciaran	9	Ballymoney	1:56.00	1:46.55	
6 Honan, Michael	9	Templemore	1:54.21	1:47.89	

Event 21 Men 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Proctor, Andrew	10	Templemore	1:17.69	1:23.11	
2 Speers, Peter	10	Bangor	1:21.32	1:24.16	
3 Jordan, Jonny	10	Bangor	1:45.00	1:27.13	
4 Lown, Jason	10	Bangor	1:35.53	1:28.29	

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Name	Age	Team	Seed Time	Finals Time	Points
5 Mc Pherson, Aston	10	Bangor	1:28.99	1:28.41	
6 Mc Gratten, Christopher	10	Bangor	1:42.00	1:32.88	

Event 21 Men 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Alex	11	Lisburn City Swimming Club	1:11.17	1:11.36	
2 Mc Ateer, Cameron	11	Lisburn City Swimming Club	1:16.18	1:11.81	
3 Vaughan, Caolan	11	Swilly Seals	1:19.10	1:15.39	
4 Taylor, Callum	11	Lisburn City Swimming Club	1:16.48	1:17.69	
5 Gallagher, Regan	11	Riversdale Otters Strabane	1:17.00	1:18.62	
6 Mc Nutt, Robert	11	Templemore	1:20.37	1:20.26	
7 Wood, Sam	11	Larne SC	1:35.00	1:24.48	
8 Donaldson, Lewis	11	Larne SC	1:31.60	1:24.92	
9 Gaffney, Michael	11	Bangor	1:21.85	1:26.79	
10 Stevenson, Andrew	11	Ballymoney	1:36.00	1:29.60	
11 Ramsey, Jonathan	11	Larne SC	1:33.25	1:29.71	
12 Mc Govern, Rian	11	Enniskillen Lakelanders	1:33.00	1:30.00	
13 Turner, Reece	11	Larne SC	1:35.00	1:31.02	
14 Mc Hugh, Stuart	11	Ballymoney	1:36.00	1:31.59	
15 Daly, Sean	11	Dungannon	1:35.00	1:36.70	
16 Bouma, Jacob	11	Larne SC	1:35.80	1:39.10	
17 Kane, Alex	11	Larne SC	1:35.90	1:39.77	
18 Steward, Andrew	11	Larne SC	1:35.00	1:40.46	
19 Burke, Alistair	11	Larne SC	1:35.00	1:40.56	

Event 21 Men 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, James	12	Coleraine	1:04.95	1:06.02	
2 Mc Meechan, Jamie	12	Bangor	1:14.46	1:12.51	
3 Mc Garel, Matthew	12	Larne SC	1:13.75	1:13.41	
4 Mc Nally, Mark	12	Bangor	1:14.40	1:15.06	
5 Dennis, Scott	12	Bangor	1:13.60	1:15.21	
6 Hartness, Scott	12	Templemore	1:15.00	1:15.65	
7 Kane, Thomas	12	Bangor	1:18.45	1:17.61	
8 Worley, Gary	12	Bangor	1:18.79	1:21.75	
9 Mc Burnie, Jason	12	Enniskillen Lakelanders	1:31.00	1:26.91	
10 Mc Knight, Ross	12	Templemore	1:21.00	1:30.12	
11 Mc Veigh, Alex	12	Larne SC	1:21.00	1:33.46	

Event 21 Men 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Matthew	13	Lisburn City Swimming Club	1:02.85	59.87	
2 Dougan, Robbie	13	Templemore	1:06.37	1:06.76	
3 Hurson, Ruari	13	Larne SC	1:06.54	1:08.00	
4 Allison, Robert	13	Lisburn City Swimming Club	1:03.28	1:08.26	
5 Irwin, James	13	Templemore	1:09.00	1:10.46	
6 Simpson, Kurt	13	Bangor	1:11.01	1:10.66	
7 Frizzell, Ryan	13	Bangor	1:15.27	1:12.18	
8 Hillis, Corey	13	Bangor	1:21.09	1:15.53	
9 Fraser, Alistair	13	Templemore	1:25.49	1:18.69	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 21 Men 13 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
10 Hunter, Jack	13	Larne SC	1:26.50	1:24.38	
11 Mc Keague, Eamonn	13	Ballymoney	1:27.00	1:28.09	

Event 21 Men 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Sullivan, Brian	14	Newry & Mourne Asc	59.16	58.10	
2 Meek, Adam	14	Leander	1:00.51	1:00.28	
3 Bennison, Christian	14	Leander	1:00.11	1:00.55	
4 Dawson, Rodger	14	Bangor	1:01.87	1:02.87	
5 Brines, Conor	14	Larne SC	1:04.51	1:03.51	
6 Mc Mullan, James	14	Bangor	1:03.61	1:03.79	
7 Boyce, Michael	14	Swilly Seals	1:02.00	1:04.23	
8 Mc Culloch, Andrew A	14	Ballymoney	1:03.59	1:05.39	
9 Speers, Harry	14	Bangor	1:05.85	1:08.50	
10 Mc Gibbon, Robert	14	Leander	1:18.50	1:08.92	

Event 21 Men 15 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	57.14	1:00.09	
2 Osborne, Luke	15	Ballymoney	1:00.00	1:03.27	
3 Lindsay, Sam	15	Larne SC	1:04.20	1:03.45	
4 Andrews, Gary	15	Larne SC	1:01.84	1:04.39	
5 Cahill, Conal	15	Leander	1:11.00	1:06.44	
6 Frizzell, Stephen	15	Bangor	1:03.58	1:06.57	
7 Hunter, Andrew	15	Larne SC	1:15.80	1:07.41	

Event 21 Men 16 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Brines, Patrick	16	Larne SC	55.72	57.45	
2 Williamson, Owen	16	Larne SC	1:01.66	1:01.47	
3 O'Neill, Cathal	16	Riversdale Otters Strabane	1:01.49	1:01.71	
4 Houston, Scott	16	Larne SC	1:07.16	1:07.27	

Event 21 Men 17 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Traill, Patrick	17	Ballymoney	57.96	58.36	
2 Patton, David D	17	Ballymoney	58.54	1:01.23	

Event 21 Men 19 & Over 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Williamson, Gavin	19	Larne SC	51.65	53.82	
2 Traill, Shane	19	Larne SC	53.23	56.39	
3 Stoney, Alexander	22	Leander	57.00	56.56	
4 Bell, Matthew	19	Leander	1:01.20	1:01.96	

Event 22 Girls 9 & Under 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hudy, Joyce	9	Swilly Seals	52.54	48.29	
2 Hand, Ella	9	Enniskillen Lakelanders	47.63	49.66	
3 Egerton, Megan	9	Larne SC	53.00	51.50	
4 Fekkes, Jenny	9	Larne SC	53.00	53.78	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 22 Girls 9 & Under 50 SC Meter Butterfly C+)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Del Castillo, Maria	9	Larne SC	53.00	1:02.08	
--- Baird, Katie	9	Larne SC	53.00	DQ	
--- Clements, Moya	8	Larne SC	53.00	DQ	

Event 22 Girls 10 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Doey, Katie	10	Larne SC	48.00	48.12	
2 Kemp, Molly	10	Larne SC	49.00	53.42	
3 Mc Ilveen, Jill	10	Bangor	49.00	1:02.29	

Event 22 Girls 11 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Ferguson, Koren	11	Coleraine	NT	42.74	
2 Hand, Aimee	11	Enniskillen Lakelanders	47.50	43.88	
3 Cromie, Brontie	11	Bangor	46.00	47.03	
4 Leitch, Alex	11	Larne SC	47.00	51.57	
5 Kemp, Kendra	11	Larne SC	48.00	51.74	

Event 22 Girls 12 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Dowell, Mary-Kate	12	Bangor	39.06	34.57	
2 Mc Kibbin, Jess	12	Bangor	43.32	35.62	
3 Gray, Lauren	12	Bangor	40.29	39.25	
4 Dent, Bethany	12	Larne SC	45.60	43.79	
5 Dickson, Tara	12	Templemore	44.63	54.02	

Event 22 Girls 13 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Levestam, Kate	13	Bangor	39.70	34.95	
2 Montgomery, Kathryn	13	Bangor	39.24	35.55	
3 Mc Alorum, Nicole	13	Bangor	38.59	35.71	
4 Blake, Erin	13	Larne SC	38.33	35.88	
5 Mc Hugh, Niamh	13	Swilly Seals	38.41	36.84	
6 Donaldson, Mykila	13	Larne SC	38.00	36.88	
7 Webb, Rebecca	13	Ballymoney	35.72	37.91	
8 Laird, Robyn	13	Bangor	43.00	49.19	

Event 22 Girls 14 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Kerr, Megan	14	Larne SC	36.39	35.33	
2 Whitten, Kerry	14	Larne SC	37.50	37.80	
3 Mc Dowell, Lucy	14	Larne SC	37.00	39.87	

Event 22 Women 16 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Foreman, Rebecca	16	Larne SC	30.37	31.87	
2 Moore, Sarah	16	Larne SC	33.06	33.62	

Event 23 Men 12 Year Olds 200 SC Meter Butterfly B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Leon	12	Swilly Seals	2:47.00	2:51.22	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 23 Men 14 Year Olds 200 SC Meter Butterfly B+**

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Neill, Conor	14	Riversdale Otters Strabane	2:42.00	2:45.66	

Event 23 Men 19 & Over 200 SC Meter Butterfly B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Graham, David	24	Ards	2:05.10	2:09.64	

Event 24 Girls 10 Year Olds 400 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	6:49.00	6:15.53	
2 Reid, Emma	10	Bangor	7:01.60	6:49.32	

Event 24 Girls 11 Year Olds 400 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	7:10.44	6:08.00	
2 Kane, Gemma	11	Bangor	6:51.92	6:25.31	
--- Hand, Aimee	11	Enniskillen Lakelanders	8:07.00	DQ	
--- Hunter, Alexandra	11	Lisburn City Swimming Club	7:14.17	DQ	

Event 24 Girls 12 Year Olds 400 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Richards, Chloe	12	Lisburn City Swimming Club	6:18.81	6:10.47	
2 Watson, Hannah	12	Lisburn City Swimming Club	6:13.07	6:12.37	
3 Gourley, Lauren	12	Lisburn City Swimming Club	6:49.31	6:24.79	
4 Johnston, Victoria	12	Templemore	6:51.88	6:32.00	
5 Black, Chloe	12	Templemore	7:23.53	7:01.50	
6 Watson, Emma	12	Templemore	7:39.00	7:34.11	
--- Gregg, Anna	12	Templemore	7:37.12	DQ	

Event 24 Girls 13 Year Olds 400 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Scott, Lucy	13	Lisburn City Swimming Club	6:01.09	5:48.33	
2 Taylor, Hannah	13	Lisburn City Swimming Club	6:01.18	5:54.34	
3 Preston, Danielle	13	Riversdale Otters Strabane	5:51.79	5:54.51	
4 Sofley, Jane	13	Templemore	6:21.34	6:05.70	
5 Peel, Jessica	13	Lisburn City Swimming Club	6:15.16	6:11.55	
6 Mc Keown, Paige	13	Lisburn City Swimming Club	6:28.33	6:21.52	
7 Wallace, Courtney	13	Templemore	7:20.00	6:38.88	
8 Lynn, Rachel	13	Templemore	6:57.13	6:48.03	

Event 24 Girls 14 Year Olds 400 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Ilveen, Anne	14	Bangor	5:47.24	5:42.80	
2 Corbett, Shannon	14	Templemore	6:10.00	6:03.91	
3 Hanley, Fiona	14	Templemore	6:35.00	6:09.67	
4 Hartness, Emma	14	Templemore	6:35.00	6:24.78	

Event 24 Women 16 Year Olds 400 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
--- Connelly, Ruby	16	Templemore	6:10.00	DQ	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 24 Women 17 Year Olds 400 SC Meter IM B+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Adams, Sophie	17	Templemore	6:15.00	5:45.24	

Event 25 Men 9 & Under 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hurson, Lui	9	Larne SC	57.31	50.13	
2 Stoops, Mark	9	Bangor	51.01	51.59	
3 Angus, Jack	8	Bangor	59.00	53.68	
4 Kane, Scott	9	Larne SC	59.50	1:11.34	
--- Mc Keague, Ciaran	9	Ballymoney	1:00.00	DQ	

Event 25 Men 10 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Pherson, Aston	10	Bangor	52.97	51.55	
2 Lown, Jason	10	Bangor	56.00	55.66	
3 Jordan, Jonny	10	Bangor	55.00	56.75	
4 Mc Faul, BJ	10	Larne SC	56.50	59.84	
5 Fergie, Luke	10	Larne SC	56.00	1:00.75	
6 Mc Gloughlin, Fergus	10	Bangor	56.00	1:07.98	

Event 25 Men 11 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Caolan	11	Swilly Seals	49.00	45.68	
2 Ramsey, Jonathan	11	Larne SC	50.74	50.04	
3 Mc Govern, Rian	11	Enniskillen Lakelanders	50.67	51.29	
4 Stevenson, Andrew	11	Ballymoney	55.00	51.98	
5 Wills, Michael	11	Bangor	52.00	52.42	
6 Mc Hugh, Stuart	11	Ballymoney	53.03	52.56	
7 Wood, Sam	11	Larne SC	54.80	54.31	
8 Kane, Alex	11	Larne SC	59.50	54.59	
9 Steward, Andrew	11	Larne SC	54.00	55.11	
10 Watters, Kyle	11	Larne SC	54.50	1:01.18	
--- Mc Nutt, Robert	11	Templemore	53.12	DQ	

Event 25 Men 12 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, James	12	Coleraine	40.69	39.94	
2 Mc Nally, Mark	12	Bangor	41.01	42.44	
3 Hartness, Scott	12	Templemore	49.00	49.01	
4 Mc Knight, Ross	12	Templemore	51.00	51.64	
5 Mc Veigh, Alex	12	Larne SC	51.00	52.81	

Event 25 Men 13 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Dougan, Robbie	13	Templemore	37.34	38.81	
2 Ferguson, Calum	13	Coleraine	NT	40.54	
3 Irwin, James	13	Templemore	48.00	42.32	
4 Fraser, Alistair	13	Templemore	48.22	46.55	
5 Mc Crea, Ross	13	Larne SC	48.50	49.92	
6 Mc Keague, Eamonn	13	Ballymoney	48.40	50.34	
--- Hunter, Jack	13	Larne SC	48.00	DQ	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 25 Men 14 Year Olds 50 SC Meter Breaststroke C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Andrew A	14	Ballymoney	40.47	38.18	
2 Boyce, Michael	14	Swilly Seals	37.00	39.27	
3 Mc Gibbon, Robert	14	Leander	37.99	40.87	

Event 25 Men 15 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	33.87	36.47	
2 Osborne, Luke	15	Ballymoney	35.92	36.57	
3 Frizzell, Stephen	15	Bangor	38.55	37.67	
4 Andrews, Gary	15	Larne SC	37.17	38.12	
5 Hunter, Andrew	15	Larne SC	43.54	41.19	

Event 25 Men 16 Year Olds 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Ferguson, Jay-Dee	16	Coleraine	32.61	34.06	
2 Williamson, Owen	16	Larne SC	36.38	36.25	

Event 25 Men 19 & Over 50 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Williamson, Gavin	19	Larne SC	32.36	31.63	
2 Bell, Matthew	19	Leander	35.30	37.32	

Event 26 Girls 9 & Under 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hand, Ella	9	Enniskillen Lakelanders	45.50	45.29	
2 Fekkes, Jenny	9	Larne SC	54.00	49.31	
3 Del Castillo, Maria	9	Larne SC	53.00	49.55	
4 Egerton, Megan	9	Larne SC	52.92	49.75	
5 Hudy, Joyce	9	Swilly Seals	54.06	50.66	
6 Baird, Katie	9	Larne SC	53.00	51.47	
7 Clements, Moya	8	Larne SC	53.00	53.82	

Event 26 Girls 10 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Hugh, Cliodhna	10	Swilly Seals	53.00	49.32	
2 Doey, Katie	10	Larne SC	51.00	51.07	
3 Mc Ilveen, Jill	10	Bangor	52.00	53.33	
4 Kemp, Molly	10	Larne SC	52.00	54.44	

Event 26 Girls 11 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Ferguson, Koren	11	Coleraine	41.82	41.72	
2 Hand, Aimee	11	Enniskillen Lakelanders	45.81	45.50	
3 Cromie, Brontie	11	Bangor	47.84	46.87	
4 Donegan, Aoife	11	Bangor	49.19	47.15	
5 Leitch, Alex	11	Larne SC	49.00	50.41	
6 Kemp, Kendra	11	Larne SC	49.50	53.05	

Event 26 Girls 12 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Grimley, Clare	12	Bangor	41.78	38.21	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 26 Girls 12 Year Olds 50 SC Meter Backstroke C+)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Black, Chloe	12	Templemore	41.86	39.96	
3 Gray, Lauren	12	Bangor	41.27	40.24	
4 Johnston, Victoria	12	Templemore	41.33	40.86	
5 Watson, Emma	12	Templemore	39.00	42.18	
6 Dickson, Tara	12	Templemore	39.12	43.30	
7 Gregg, Anna	12	Templemore	46.11	45.35	
8 Dent, Bethany	12	Larne SC	46.50	47.54	
9 Sullivan, Naimh	12	Bangor	47.00	48.93	

Event 26 Girls 13 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Turner, Kirstie	13	Larne SC	34.95	34.29	
2 Mc Grattan, Rachel	13	Bangor	36.40	36.03	
3 Lynn, Rachel	13	Templemore	40.02	37.88	
4 Donaldson, Mykila	13	Larne SC	38.50	38.14	
5 Webb, Rebecca	13	Ballymoney	38.08	39.03	
6 Mc Hugh, Niamh	13	Swilly Seals	43.00	39.20	
7 Sofley, Jane	13	Templemore	41.28	39.94	
8 Mc Murray, Rachel	13	Lisburn City Swimming Club	42.84	40.45	
9 Wallace, Courtney	13	Templemore	39.00	41.05	
10 Laird, Robyn	13	Bangor	45.09	43.47	

Event 26 Girls 14 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Corbett, Shannon	14	Templemore	34.75	35.30	
2 Hanley, Fiona	14	Templemore	35.48	35.51	
3 MC Burney, Anna	14	Bangor	36.60	36.10	
4 Whitten, Kerry	14	Larne SC	35.41	36.26	
5 Kerr, Megan	14	Larne SC	38.72	38.09	
6 Hartness, Emma	14	Templemore	42.11	40.96	
7 Mc Dowell, Lucy	14	Larne SC	38.00	41.75	

Event 26 Women 16 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Foreman, Rebecca	16	Larne SC	33.29	33.95	
2 Moore, Sarah	16	Larne SC	35.12	36.57	
3 Connelly, Ruby	16	Templemore	36.00	37.26	

Event 26 Women 17 Year Olds 50 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adams, Sophie	17	Templemore	35.50	34.87	

Event 27 Men 9 & Under 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hurson, Lui	9	Larne SC	1:42.50	1:37.35	
2 Stoops, Mark	9	Bangor	1:40.99	1:44.70	
3 Angus, Jack	8	Bangor	2:02.72	1:48.17	
4 Best, Christian	8	Templemore	1:59.80	1:50.72	
--- Honan, Michael	9	Templemore	2:06.40	DQ	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 27 Men 10 Year Olds 100 SC Meter Backstroke C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Proctor, Andrew	10	Templemore	1:30.44	1:31.33	
2 Speers, Peter	10	Bangor	1:31.25	1:33.19	
3 Lown, Jason	10	Bangor	1:39.69	1:39.75	
4 Mc Pherson, Aston	10	Bangor	1:43.01	1:40.80	
5 Mc Gratten, Christopher	10	Bangor	1:57.00	1:44.66	
6 Jordan, Jonny	10	Bangor	1:50.00	1:48.92	
7 Fergie, Luke	10	Larne SC	1:56.00	1:55.28	
8 Mc Gloughlin, Fergus	10	Bangor	1:57.00	1:56.69	
9 Mc Faul, BJ	10	Larne SC	1:57.80	2:00.94	

Event 27 Men 11 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Alex	11	Lisburn City Swimming Club	1:23.06	1:24.79	
2 Mc Ateer, Cameron	11	Lisburn City Swimming Club	1:26.12	1:29.64	
3 Gaffney, Michael	11	Bangor	1:25.27	1:30.66	
4 Taylor, Callum	11	Lisburn City Swimming Club	1:35.98	1:31.30	
5 Mc Govern, Rian	11	Enniskillen Lakelanders	1:46.13	1:40.82	
6 Wills, Michael	11	Bangor	1:54.00	1:41.93	
7 Ramsey, Jonathan	11	Larne SC	1:53.61	1:42.56	
8 Donaldson, Lewis	11	Larne SC	1:43.60	1:43.99	
9 Daly, Sean	11	Dungannon	1:50.00	1:51.14	
10 Watters, Kyle	11	Larne SC	1:54.00	1:54.65	
11 Steward, Andrew	11	Larne SC	1:54.00	1:54.90	
12 Turner, Reece	11	Larne SC	1:53.00	1:55.22	

Event 27 Men 12 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Leon	12	Swilly Seals	1:12.67	1:11.33	
2 Richardson, James	12	Coleraine	1:15.94	1:18.17	
3 Mc Garel, Matthew	12	Larne SC	1:26.45	1:30.47	
4 Kane, Thomas	12	Bangor	1:31.36	1:37.96	
5 Mc Burnie, Jason	12	Enniskillen Lakelanders	1:47.00	1:41.85	
6 Mc Veigh, Alex	12	Larne SC	1:47.00	1:43.03	

Event 27 Men 13 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Allison, Robert	13	Lisburn City Swimming Club	1:11.25	1:10.85	
2 Mc Dowell, James	13	Bangor	1:11.25	1:12.91	
3 Walker, Matthew	13	Lisburn City Swimming Club	1:17.03	1:16.00	
4 Ferguson, Calum	13	Coleraine	1:20.31	1:19.89	
5 Simpson, Kurt	13	Bangor	1:24.86	1:25.59	
6 Frizzell, Ryan	13	Bangor	1:28.70	1:27.79	
7 Mc Crea, Ross	13	Larne SC	1:36.90	1:53.79	

Event 27 Men 14 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 O'Sullivan, Brian	14	Newry & Mourne Asc	1:11.84	1:07.56	
2 Boyce, Michael	14	Swilly Seals	1:10.00	1:12.11	
3 Mc Culloch, Andrew A	14	Ballymoney	1:13.12	1:13.59	
4 Speers, Harry	14	Bangor	1:17.16	1:16.89	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 27 Men 14 Year Olds 100 SC Meter Backstroke C+)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Mc Mullan, James	14	Bangor	1:15.85	1:17.42	

Event 27 Men 15 Year Olds 100 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Lindsay, Sam	15	Larne SC	1:16.92	1:16.04	
2 Hunter, Andrew	15	Larne SC	1:23.50	1:20.05	
3 Cahill, Conal	15	Leander	1:24.00	1:21.76	

Event 28 Girls 9 & Under 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Reid, Rebecca	7	Bangor	3:31.16	3:26.66	
2 Baird, Katie	9	Larne SC	4:05.00	3:27.95	
3 Egerton, Megan	9	Larne SC	4:04.00	3:31.60	
4 Hand, Ella	9	Enniskillen Lakelanders	3:40.00	3:32.16	
5 Brown, Samantha	9	Ards	4:12.00	3:36.21	
6 Mc Connell, Erin	8	Ards	4:12.00	3:38.53	
7 Dempster, Kathryn	9	Templemore	4:01.47	3:40.08	
8 Clements, Moya	8	Larne SC	4:05.00	3:47.91	
9 Del Castillo, Maria	9	Larne SC	4:05.00	3:49.25	
10 Wylie, Victoria	9	Templemore	4:01.44	3:51.63	
11 Mc Keown, Alex	9	Ards	4:12.00	3:51.67	
12 Reilly, Alex	9	Ards	4:12.00	3:59.94	
13 Mc Taggart, Sarah	9	Ards	4:12.00	4:24.61	

Event 28 Girls 10 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hill, Danielle	10	Templemore	2:47.36	2:49.69	
2 Reid, Emma	10	Bangor	2:48.18	2:53.11	
3 Robinson, Poppy	10	Banbridge	3:03.59	2:56.97	
4 Mc Hugh, Cliodhna	10	Swilly Seals	3:34.00	3:14.07	
5 Doey, Katie	10	Larne SC	3:40.00	3:17.65	
6 Kemp, Molly	10	Larne SC	3:46.00	3:23.69	
7 Wallace, Chloe	10	Templemore	3:36.94	3:23.90	
8 White, Victoria	10	Ards	3:48.00	3:25.32	
9 Corry, Eve	10	Ards	3:48.00	3:28.21	
10 Best, Anna	10	Templemore	3:45.09	3:28.26	
11 Williamson, Rachel	10	Ards	3:48.00	3:46.94	
12 Kelly, Lydia	10	Ards	3:48.00	4:05.87	
13 Childs, Kathryn	10	Ards	3:48.00	4:11.00	

Event 28 Girls 11 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hall, Esmee	11	Banbridge	2:56.00	2:49.46	
2 Hand, Aimee	11	Enniskillen Lakelanders	3:28.00	3:12.22	
3 Kemp, Kendra	11	Larne SC	3:26.00	3:23.20	
4 Baines, Niamh	11	Templemore	3:27.47	3:25.73	
5 Leitch, Alex	11	Larne SC	3:25.00	3:29.65	
6 Gallen, Ariane	11	Ards	3:28.00	3:32.36	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 28 Girls 12 Year Olds 200 SC Meter Freestyle C+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Dowell, Mary-Kate	12	Bangor	2:18.47	2:17.37	
2 Montgomery, Clara	12	Larne SC	2:38.16	2:31.62	
3 Mc Kibbin, Jess	12	Bangor	2:37.62	2:31.93	
4 Speers, Jemma	12	Bangor	2:32.00	2:33.40	
5 Fullerton, Emma	12	Larne SC	2:34.86	2:39.57	
6 Dornan, Ruth	12	Leander	2:53.30	2:44.36	
7 Patterson, Ellen	12	Riversdale Otters Strabane	2:47.06	2:46.34	
8 Mc Kenna, Megan	12	Banbridge	2:45.86	2:47.91	
9 Shannon, Beth	12	Larne SC	2:52.59	2:52.52	
10 Bennett, Sarah	12	Bangor	2:56.16	2:55.67	
11 Gray, Lauren	12	Bangor	3:05.42	2:56.66	

Event 28 Girls 13 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Dornan, Amy	13	Leander	2:53.30	2:22.56	
2 Turner, Kirstie	13	Larne SC	2:25.28	2:23.55	
3 Levestam, Kate	13	Bangor	2:24.68	2:23.75	
4 Mc Alorum, Nicole	13	Bangor	2:25.50	2:26.59	
5 Scott, Lucy	13	Lisburn City Swimming Club	2:21.50	2:26.64	
6 Kavanagh, Alice	13	Larne SC	2:31.29	2:30.13	
7 Moore, Monique	13	Bangor	2:26.83	2:30.54	
8 Kinkaid, Maria	13	Newry & Mourne Asc	2:29.01	2:30.57	
9 Kinkaid, Victoria	13	Newry & Mourne Asc	2:32.16	2:32.38	
10 Donaldson, Mykila	13	Larne SC	2:35.39	2:34.93	
11 Donegan, Cara	13	Bangor	2:35.39	2:35.85	
12 Mc Hugh, Niamh	13	Swilly Seals	2:38.05	2:36.95	
13 Mc Murray, Rachel	13	Lisburn City Swimming Club	2:53.59	2:49.98	
14 Gardener, Kerry	13	Larne SC	3:04.30	3:03.17	
15 Laird, Robyn	13	Bangor	3:10.00	3:03.24	

Event 28 Girls 14 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	2:02.84	2:03.58	
2 Harkness, Naomi	14	Leander	2:27.32	2:28.75	
3 Miller, Kate	14	Larne SC	2:33.20	2:32.51	
4 MC Burney, Anna	14	Bangor	2:31.66	2:32.68	
5 Irwin, Nicola	14	Larne SC	2:37.14	2:38.57	
6 Kerr, Megan	14	Larne SC	2:46.54	2:38.76	
7 Mc Allister, Catriona	14	Larne SC	2:36.84	2:39.00	
8 O'Rourke, Laura	14	Leander	2:30.70	2:40.08	
9 Mc Caughey, Lauren	14	Larne SC	2:52.54	2:46.54	
10 Ramsey, Kerry	14	Larne SC	2:56.00	2:52.15	
11 Wilson, Heather	14	Banbridge	3:00.00	3:04.48	

Event 28 Women 15 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Douglas, Kathryn	15	Larne SC	2:25.69	2:25.40	
2 Campbell, Emma	15	Larne SC	2:23.57	2:27.67	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

Swim Ulster Graded Gala 1 - The COOK Gala

Medal winners must have achieved the grade

Results

Event 28 Women 16 Year Olds 200 SC Meter Freestyle C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Foreman, Rebecca	16	Larne SC	2:12.19	2:18.91	
2 Shannon, Sarah	16	Larne SC	2:27.13	2:29.24	

Event 29 Men 9 & Under 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Ferguson, Conor	9	Templemore	5:46.19	5:46.07	
2 Mc Millan, Jack	9	Templemore	5:54.23	5:48.77	
3 Nichols, Jamie	9	Templemore	5:58.92	6:11.97	

Event 29 Men 10 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hodgson, Stephen	10	Templemore	6:15.79	6:16.23	
2 Fisher, Michael	10	Templemore	7:04.95	7:06.20	

Event 29 Men 11 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Gallagher, Regan	11	Riversdale Otters Strabane	5:40.71	5:31.22	
2 Mc Caughey, Christopher	11	Bangor	5:46.00	5:31.70	
3 Walker, Alex	11	Lisburn City Swimming Club	5:43.54	5:39.80	
4 Mc Ateer, Cameron	11	Lisburn City Swimming Club	6:05.17	5:47.60	
5 Higgins, Glenn	11	Templemore	5:49.11	5:48.00	
6 Vaughan, Caolan	11	Swilly Seals	5:10.92	5:50.53	
7 Taylor, Callum	11	Lisburn City Swimming Club	5:46.34	5:59.74	

Event 29 Men 12 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Leon	12	Swilly Seals	5:10.92	4:54.49	
2 Finlay, Jack	12	Larne SC	5:36.23	5:20.52	
3 Hayes, Kyle	12	Lisburn City Swimming Club	5:22.08	5:29.87	
4 Mc Meechan, Jamie	12	Bangor	5:57.00	5:32.19	
5 Mc Lean, Andrew	12	Ballymoney	5:50.79	5:35.53	
6 Dennis, Scott	12	Bangor	6:04.13	5:54.81	
7 Hamilton, David	12	Larne SC	5:56.60	6:00.21	
8 Worley, Gary	12	Bangor	6:41.00	6:31.47	

Event 29 Men 13 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Walker, Matthew	13	Lisburn City Swimming Club	4:53.61	4:51.65	
2 Allison, Robert	13	Lisburn City Swimming Club	4:52.04	4:55.85	
3 Hurson, Ruari	13	Larne SC	5:13.86	5:12.47	
4 Stevenson, Graham	13	Banbridge	5:48.00	5:37.65	
5 Hillis, Corey	13	Bangor	6:11.46	6:18.53	

Event 29 Men 14 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bennison, Christian	14	Leander	4:14.03	4:39.95	
2 O'Neill, Conor	14	Riversdale Otters Strabane	4:43.65	4:44.94	
3 Brines, Conor	14	Larne SC	4:40.94	4:51.07	
4 Speers, Harry	14	Bangor	5:01.70	5:02.68	
5 Meek, Adam	14	Leander	5:24.09	5:14.67	
6 Kinkaid, Peter	14	Newry & Mourne Asc	5:32.78	5:16.71	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

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Medal winners must have achieved the grade

Results

Event 29 Men 15 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Cahill, Conal	15	Leander	5:08.20	5:05.43	

Event 29 Men 16 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hamilton, James	16	Larne SC	5:05.00	5:24.35	
2 Davies, Jordan	16	Banbridge	5:05.00	5:32.44	

Event 29 Men 17 Year Olds 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Wray, Ryan	17	Leander	4:16.60	4:20.42	
2 Harkness, Matthew	17	Leander	4:08.73	4:27.66	

Event 29 Men 19 & Over 400 SC Meter Freestyle B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Graham, David	24	Ards	4:10.85	4:12.52	
2 Bell, Matthew	19	Leander	4:56.21	4:50.82	

Event 30 Girls 9 & Under 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hand, Ella	9	Enniskillen Lakelanders	2:06.20	1:56.86	
2 Knox, Olivia	9	Banbridge	2:15.00	2:01.17	
--- Hudy, Joyce	9	Swilly Seals	2:04.30	DQ	
--- Robinson, Elli	9	Banbridge	1:56.93	DQ	

Event 30 Girls 10 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	1:41.44	1:36.50	
2 Kilpatrick, Jane	10	Banbridge	1:52.00	1:43.51	
3 Best, Anna	10	Templemore	2:07.34	1:55.09	
--- Robinson, Poppy	10	Banbridge	1:48.00	DQ	
--- Doyle, Jodi	10	Banbridge	1:41.29	DQ	

Event 30 Girls 11 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	1:37.36	1:34.81	
2 Kane, Gemma	11	Bangor	1:35.44	1:35.80	
3 Hunter, Alexandra	11	Lisburn City Swimming Club	1:39.08	1:36.00	
4 Hall, Esmee	11	Banbridge	1:48.00	1:36.92	
5 Smyth, Zoe	11	Lisburn City Swimming Club	1:36.48	1:39.76	
6 Davies, Georgia	11	Banbridge	1:55.00	1:44.02	
7 Doyle, Emer	11	Banbridge	1:56.00	1:45.50	
8 Dempster, Emma	11	Templemore	1:52.41	1:47.39	
9 Houston, Bethany	11	Bangor	1:51.77	1:47.68	
10 Cromie, Brontie	11	Bangor	1:48.93	1:49.24	
11 Hand, Aimee	11	Enniskillen Lakelanders	1:55.61	1:49.88	

Event 30 Girls 12 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Grimley, Clare	12	Bangor	1:29.10	1:28.13	
2 Mc Kimm, Shannon	12	Bangor	1:27.06	1:29.24	
3 Bain, Erin	12	Dungannon	1:30.46	1:30.37	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 30 Girls 12 Year Olds 100 SC Meter Breaststroke C+)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Cameron, Ellie	12	Bangor	1:36.32	1:33.88	
5 Gourley, Lauren	12	Lisburn City Swimming Club	1:33.15	1:34.65	
6 Mc Donald, Alex	12	Dungannon	1:44.10	1:36.37	
7 Houston, Katie	12	Larne SC	1:52.06	1:39.52	
8 Bennett, Sarah	12	Bangor	1:41.66	1:42.94	
9 Watson, Hannah	12	Lisburn City Swimming Club	1:41.05	1:43.13	
10 Richards, Chloe	12	Lisburn City Swimming Club	1:43.67	1:44.26	
11 Finnegan, Mary	12	Dungannon	1:42.00	1:46.06	

Event 30 Girls 13 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Montgomery, Kathryn	13	Bangor	1:24.11	1:25.51	
2 Taylor, Hannah	13	Lisburn City Swimming Club	1:25.86	1:28.66	
3 Peel, Jessica	13	Lisburn City Swimming Club	1:37.25	1:37.63	
4 Webb, Rebecca	13	Ballymoney	1:36.46	1:37.84	
5 Mc Keown, Paige	13	Lisburn City Swimming Club	1:39.73	1:40.77	
6 Laird, Robyn	13	Bangor	1:44.86	1:42.43	
--- Gardener, Kerry	13	Larne SC	1:42.79	DQ	

Event 30 Girls 14 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hill, Louise	14	Larne SC	1:25.17	1:26.77	
2 Hall, Charlotte	14	Larne SC	1:33.42	1:27.04	
3 Miller, Kate	14	Larne SC	1:30.38	1:31.32	
4 Mc Ilveen, Anne	14	Bangor	1:31.92	1:31.47	
5 Mc Keague, Mairead	14	Ballymoney	1:44.00	1:37.05	
6 Ramsey, Kerry	14	Larne SC	1:37.50	1:39.07	
--- Bain, Caitlin	14	Dungannon	1:31.50	DQ	

Event 30 Women 15 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Kerr, Laura	15	Dungannon	1:41.00	1:58.65	

Event 30 Women 16 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bain, Lucy	16	Dungannon	1:28.00	1:30.06	

Event 30 Women 17 Year Olds 100 SC Meter Breaststroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adams, Sophie	17	Templemore	1:20.13	1:21.29	

Event 31 Men 10 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Speers, Peter	10	Bangor	3:12.18	3:15.03	

Event 31 Men 11 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Gaffney, Michael	11	Bangor	3:23.64	3:23.64	

Event 31 Men 12 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Richardson, James	12	Coleraine	2:55.70	2:48.78	

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Medal winners must have achieved the grade

Results

(Event 31 Men 12 Year Olds 200 SC Meter IM B+)

Name	Age	Team	Seed Time	Finals Time	Points
2 Finlay, Jack	12	Larne SC	2:52.93	2:49.01	
3 Mc Burnie, Jason	12	Enniskillen Lakelanders	3:36.00	3:29.26	
4 Worley, Gary	12	Bangor	3:26.16	3:31.72	
--- Kane, Thomas	12	Bangor	3:19.98	DQ	
--- Bain, Calum	12	Dungannon	3:05.29	DQ	

Event 31 Men 13 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Doggart, James	13	Bangor	2:33.47	2:39.24	
2 Mc Dowell, James	13	Bangor	2:39.45	2:47.31	
3 Frizzell, Ryan	13	Bangor	3:08.44	3:06.06	

Event 31 Men 14 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mullan, James	14	Bangor	2:40.79	2:40.54	

Event 31 Men 15 Year Olds 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	2:26.69	2:28.96	
2 Lindsay, Sam	15	Larne SC	2:29.00	2:46.43	

Event 31 Men 19 & Over 200 SC Meter IM B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Chisholm, Iain	19	Leander	2:29.38	2:15.98	

Event 32 Girls 9 & Under 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hand, Ella	9	Enniskillen Lakelanders	4:10.00	3:34.63	
2 Reid, Rebecca	7	Bangor	4:10.00	3:47.18	
3 Wylie, Victoria	9	Templemore	4:16.16	4:03.65	

Event 32 Girls 10 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Poppy	10	Banbridge	3:16.00	3:14.16	
2 Mc Hugh, Cliodhna	10	Swilly Seals	3:45.00	3:40.03	
3 Wallace, Chloe	10	Templemore	3:49.25	3:51.21	
4 Best, Anna	10	Templemore	3:59.22	4:01.29	
--- Kilpatrick, Jane	10	Banbridge	3:40.00	DQ	

Event 32 Girls 11 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	3:04.64	2:57.49	
2 Miller, Kirsty	11	Larne SC	3:02.58	2:58.87	
3 Hunter, Alexandra	11	Lisburn City Swimming Club	3:17.94	3:13.77	
4 Hall, Esmee	11	Banbridge	3:17.93	3:19.54	
5 Smyth, Zoe	11	Lisburn City Swimming Club	3:20.31	3:21.40	
6 Hand, Aimee	11	Enniskillen Lakelanders	3:46.00	3:27.20	
7 Baines, Niamh	11	Templemore	3:44.37	3:58.41	

Event 32 Girls 12 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Speers, Jemma	12	Bangor	2:43.02	2:47.68	

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Name	Age	Team	Seed Time	Finals Time	Points
2 Montgomery, Clara	12	Larne SC	2:56.67	2:48.76	
3 Richards, Chloe	12	Lisburn City Swimming Club	2:44.40	2:50.83	
4 Watson, Hannah	12	Lisburn City Swimming Club	2:58.51	3:01.73	
5 Fullerton, Emma	12	Larne SC	2:56.00	3:08.26	
6 Gourley, Lauren	12	Lisburn City Swimming Club	3:06.55	3:10.28	
7 Shannon, Beth	12	Larne SC	3:08.00	3:12.31	
8 Mc Kenna, Megan	12	Banbridge	NT	3:12.34	

Event 32 Girls 13 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Turner, Kirstie	13	Larne SC	2:39.01	2:34.29	
2 Mc Grattan, Rachel	13	Bangor	2:42.09	2:44.18	
3 Kinkaid, Maria	13	Newry & Mourne Asc	2:47.48	2:48.63	
4 Peel, Jessica	13	Lisburn City Swimming Club	2:42.90	2:49.03	
5 Kinkaid, Victoria	13	Newry & Mourne Asc	2:48.92	2:50.41	
6 Kavanagh, Alice	13	Larne SC	3:00.46	2:50.43	
7 Mc Keown, Paige	13	Lisburn City Swimming Club	2:52.59	2:59.28	
8 Devine, Lauren	13	Dungannon	3:02.00	3:03.52	
9 Mc Hugh, Niamh	13	Swilly Seals	3:07.00	3:05.25	
10 Mc Murray, Rachel	13	Lisburn City Swimming Club	3:10.19	3:08.18	

Event 32 Girls 14 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Corbett, Shannon	14	Templemore	2:38.95	2:40.38	
2 Mc Caughey, Lauren	14	Larne SC	3:02.00	2:54.94	
3 Mc Allister, Catriona	14	Larne SC	3:02.00	2:59.15	
4 Irwin, Nicola	14	Larne SC	2:59.92	3:00.29	

Event 32 Women 15 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Gillen, Sinéad	15	Dungannon	2:49.19	2:47.40	

Event 32 Women 16 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Shannon, Sarah	16	Larne SC	2:50.38	2:49.26	
2 Mc Curdy, Clare	16	Larne SC	2:58.00	3:00.90	

Event 32 Women 17 Year Olds 200 SC Meter Backstroke C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adams, Sophie	17	Templemore	2:35.63	2:41.94	

Event 33 Men 11 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Caughey, Christopher	11	Bangor	3:17.63	3:16.31	
2 Walker, Alex	11	Lisburn City Swimming Club	3:44.91	3:30.25	
3 Mc Ateer, Cameron	11	Lisburn City Swimming Club	3:50.00	3:31.98	
4 Hume, James	11	Templemore	3:58.90	3:34.17	
5 Vaughan, Caolan	11	Swilly Seals	3:16.98	3:35.08	
6 Taylor, Callum	11	Lisburn City Swimming Club	3:50.00	3:50.19	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****Event 33 Men 12 Year Olds 200 SC Meter Breaststroke B+**

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Nally, Mark	12	Bangor	3:18.08	3:21.32	
2 Mc Lean, Andrew	12	Ballymoney	3:38.02	3:23.32	
3 Mc Meechan, Jamie	12	Bangor	3:48.25	3:29.31	
4 Hayes, Kyle	12	Lisburn City Swimming Club	3:25.28	3:32.83	
--- Vaughan, Leon	12	Swilly Seals	3:16.98	DQ	

Event 33 Men 13 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Angus, Paul	13	Bangor	2:45.85	2:46.88	
2 Dougan, Robbie	13	Templemore	2:46.05	2:56.24	
3 Doggart, James	13	Bangor	2:53.52	2:56.59	
4 Walker, Matthew	13	Lisburn City Swimming Club	2:58.01	2:58.85	
5 Allison, Robert	13	Lisburn City Swimming Club	3:17.96	3:18.45	

Event 33 Men 14 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Dawson, Rodger	14	Bangor	2:47.85	2:46.73	
2 Kinkaid, Peter	14	Newry & Mourne Asc	3:18.22	3:07.65	

Event 33 Men 16 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hamilton, James	16	Larne SC	3:04.03	2:58.80	
2 O'Neill, Cathal	16	Riversdale Otters Strabane	2:54.66	3:01.32	

Event 33 Men 17 Year Olds 200 SC Meter Breaststroke B+

Name	Age	Team	Seed Time	Finals Time	Points
1 Wray, Ryan	17	Leander	2:26.21	2:32.45	
2 Elliott, David	17	Leander	3:05.30	2:58.51	

Event 34 Girls 9 & Under 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Elli	9	Banbridge	1:55.00	1:49.74	

Event 34 Girls 10 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Vaughan, Emma	10	Swilly Seals	1:27.02	1:24.76	
2 Robinson, Poppy	10	Banbridge	1:31.78	1:30.00	

Event 34 Girls 11 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Russell, Ruth	11	Lisburn City Swimming Club	1:23.03	1:24.05	
2 Hall, Esmee	11	Banbridge	1:31.73	1:32.54	
3 Hunter, Alexandra	11	Lisburn City Swimming Club	1:39.95	1:35.40	

Event 34 Girls 12 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Kibbin, Jess	12	Bangor	1:19.08	1:20.83	
2 Richards, Chloe	12	Lisburn City Swimming Club	1:23.93	1:24.35	
3 Bain, Erin	12	Dungannon	1:29.75	1:25.15	
4 Gourley, Lauren	12	Lisburn City Swimming Club	1:20.66	1:25.32	
5 Mc Kimm, Shannon	12	Bangor	1:21.82	1:26.07	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009**Swim Ulster Graded Gala 1 - The COOK Gala****Medal winners must have achieved the grade****Results****(Event 34 Girls 12 Year Olds 100 SC Meter Butterfly C+)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Watson, Hannah	12	Lisburn City Swimming Club	1:28.24	1:28.67	
7 Mc Kenna, Megan	12	Banbridge	1:29.14	1:33.84	
8 Mc Donald, Alex	12	Dungannon	1:45.00	1:35.50	

Event 34 Girls 13 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Preston, Danielle	13	Riversdale Otters Strabane	1:11.87	1:14.46	
2 Dornan, Amy	13	Leander	1:15.40	1:15.14	
3 Scott, Lucy	13	Lisburn City Swimming Club	1:10.60	1:15.63	
4 Taylor, Hannah	13	Lisburn City Swimming Club	1:19.09	1:22.71	
5 Kinkaid, Victoria	13	Newry & Mourne Asc	1:20.32	1:24.02	
6 Kinkaid, Maria	13	Newry & Mourne Asc	1:21.19	1:25.66	
7 Donegan, Cara	13	Bangor	1:23.97	1:27.42	
8 Peel, Jessica	13	Lisburn City Swimming Club	1:23.23	1:29.06	
9 Mc Keown, Paige	13	Lisburn City Swimming Club	1:26.78	1:32.91	

Event 34 Girls 14 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Mahon, Sycerika	14	Leander	1:04.40	1:04.79	
2 Hill, Louise	14	Larne SC	1:16.88	1:17.81	
3 Harkness, Naomi	14	Leander	1:15.30	1:19.23	
4 Kerr, Megan	14	Larne SC	1:29.49	1:21.16	
5 Bain, Caitlin	14	Dungannon	1:24.00	1:30.06	

Event 34 Women 16 Year Olds 100 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bain, Lucy	16	Dungannon	1:17.00	1:25.94	

Event 35 Men 9 & Under 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hurson, Lui	9	Larne SC	51.12	47.32	

Event 35 Men 11 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Ramsey, Jonathan	11	Larne SC	45.50	49.32	
2 Turner, Reece	11	Larne SC	45.90	50.83	
3 Steward, Andrew	11	Larne SC	45.00	59.43	

Event 35 Men 12 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bain, Calum	12	Dungannon	35.45	34.93	
2 Richardson, James	12	Coleraine	34.32	35.17	
3 Mc Burnie, Jason	12	Enniskillen Lakelanders	43.18	41.25	
4 Mc Veigh, Alex	12	Larne SC	44.00	50.98	

Event 35 Men 13 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Dougan, Robbie	13	Templemore	32.32	33.02	
2 Ferguson, Calum	13	Coleraine	34.64	36.74	
3 Hurson, Ruari	13	Larne SC	39.50	38.98	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

Swim Ulster Graded Gala 1 - The COOK Gala

Medal winners must have achieved the grade

Results

Event 35 Men 14 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Meek, Adam	14	Leander	31.12	30.21	
2 Bennison, Christian	14	Leander	31.09	31.06	
3 Brines, Conor	14	Larne SC	30.02	31.59	
4 Kinkaid, Peter	14	Newry & Mourne Asc	36.33	34.19	
5 Mc Culloch, Andrew A	14	Ballymoney	37.83	34.29	

Event 35 Men 15 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Mc Culloch, Iain I	15	Ballymoney	29.09	28.77	
2 Morgan, Patrick	15	Banbridge	30.66	31.00	
3 Lindsay, Sam	15	Larne SC	34.00	33.60	

Event 35 Men 16 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Kearney, Ruairi	16	Lecale Downpatrick	28.29	29.41	
2 Brines, Patrick	16	Larne SC	29.62	30.10	
3 Ferguson, Jay-Dee	16	Coleraine	30.01	30.44	
4 Davies, Jordan	16	Banbridge	30.45	31.14	
5 Rooney, James	16	Leander	31.80	31.67	

Event 35 Men 17 Year Olds 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Harkness, Matthew	17	Leander	26.86	28.13	

Event 35 Men 19 & Over 50 SC Meter Butterfly C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Stoney, Alexander	22	Leander	28.00	29.22	
2 Bell, Matthew	19	Leander	31.04	31.43	

Event 36 Girls 9 & Under 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Elli	9	Banbridge	1:45.00	1:39.94	
2 Hand, Ella	9	Enniskillen Lakelanders	1:45.00	1:42.77	
3 Reid, Rebecca	7	Bangor	1:49.00	1:46.17	
4 Knox, Olivia	9	Banbridge	1:48.00	1:47.23	
5 Brown, Samantha	9	Ards	1:50.00	1:50.93	
6 Mc Connell, Erin	8	Ards	1:50.00	1:55.27	
7 Mc Keown, Alex	9	Ards	1:50.00	1:56.89	
8 Mc Taggart, Sarah	9	Ards	1:50.00	1:59.86	
9 Reilly, Alex	9	Ards	1:50.00	2:06.40	
10 Allister, Olivia	8	Ards	1:50.00	2:20.30	

Event 36 Girls 10 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Poppy	10	Banbridge	1:34.00	1:30.74	
2 Kilpatrick, Jane	10	Banbridge	1:35.00	1:37.53	
3 Corry, Eve	10	Ards	1:45.00	1:46.86	
4 White, Victoria	10	Ards	1:45.00	1:49.77	
5 Kelly, Lydia	10	Ards	1:45.00	2:07.62	
--- Williamson, Rachel	10	Ards	1:45.00	DQ	
--- Childs, Kathryn	10	Ards	1:45.00	DQ	

Swim Ulster Graded Gala 1 The Cook Meet - 02/10/2009 to 04/10/2009

Swim Ulster Graded Gala 1 - The COOK Gala

Medal winners must have achieved the grade

Results

Event 36 Girls 11 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hall, Esmee	11	Banbridge	1:28.00	1:27.69	
2 Ferguson, Koren	11	Coleraine	1:37.18	1:32.54	
3 Miller, Kirsty	11	Larne SC	1:35.00	1:32.99	
4 Doyle, Emer	11	Banbridge	1:43.00	1:35.89	
5 Hand, Aimee	11	Enniskillen Lakelanders	1:40.89	1:38.71	
6 Gallen, Ariane	11	Ards	1:43.00	1:45.72	
7 Baines, Niamh	11	Templemore	1:42.00	1:48.27	
--- Davies, Georgia	11	Banbridge	1:43.00	DQ	

Event 36 Girls 12 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Bain, Erin	12	Dungannon	1:20.00	1:20.61	
2 Mc Kenna, Megan	12	Banbridge	1:30.00	1:27.34	
3 Finnegan, Mary	12	Dungannon	1:34.46	1:37.13	

Event 36 Girls 13 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Webb, Rebecca	13	Ballymoney	1:21.47	1:25.17	
2 Devine, Lauren	13	Dungannon	1:22.50	1:28.80	
--- Donaldson, Mykila	13	Larne SC	1:21.91	DQ	

Event 36 Girls 14 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Hall, Charlotte	14	Larne SC	1:17.20	1:14.34	
2 Corbett, Shannon	14	Templemore	1:16.87	1:19.09	
3 Bain, Caitlin	14	Dungannon	1:19.81	1:22.33	
4 Ramsey, Kerry	14	Larne SC	1:32.00	1:32.24	

Event 36 Women 15 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Gillen, Sinéad	15	Dungannon	1:21.44	1:19.93	
2 Kerr, Laura	15	Dungannon	1:31.00	1:46.14	

Event 36 Women 16 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Moore, Sarah	16	Larne SC	1:18.07	1:18.62	
2 Bain, Lucy	16	Dungannon	1:19.80	1:24.57	

Event 36 Women 17 Year Olds 100 SC Meter IM C+

Name	Age	Team	Seed Time	Finals Time	Points
1 Adams, Sophie	17	Templemore	1:15.30	1:14.02	