



FEMALES A GRADE QUALIFYING TIMES

AGE / EVENT	9	10	11	12
50M FREE	0.45.00	0.44.00	0.41.00	0.39.00
100M FREE	1.39.00	1.30.00	1.25.00	1.22.00
200M FREE	3.36.00	3.24.00	3.13.00	3.04.00
400M FREE	7.34.00	7.00.00	6.36.00	6.16.00
800M FREE	15.30.00	14.40.00	13.54.00	13.13.00
1500 FREE	30.00.00	29.00.00	28.00.00	27.00.00
50M BACK	0.51.00	0.48.00	0.46.00	0.43.00
100M BACK	1.50.00	1.48.00	1.44.00	1.33.00
200M BACK	3.57.00	3.40.00	3.30.00	3.15.00
50M BREAST	0.57.00	0.54.00	0.51.00	0.49.00
100MBREAST	2.04.00	1.57.00	1.50.00	1.43.00
200MBREAST	4.26.00	4.11.00	4.00.00	3.40.00
50M FLY	0.49.00	0.46.00	0.43.00	0.41.00
100M FLY	1.48.00	1.45.00	1.43.00	1.39.00
200M FLY	3.56.00	3.40.00	3.26.00	3.21.00
100 IM	1.43.00	1.41.00	1.38.00	1.35.00
200M IM	4.02.00	3.48.00	3.36.00	3.26.00
400M IM	8.29.00	8.00.00	7.35.00	7.13.00

FEMALES A GRADE QUALIFYING TIMES

AGE / EVENT	13	14	15	16	Open
50 FREE	0.37.00	0.35.00	0.34.00	0.33.00	0.31.00
100 FREE	1:18.00	1:17.00	1:14.00	1:11.00	1:09.00
200 FREE	2:51.80	2:48.00	2:41.00	2:35.00	2:30.00
400 FREE	6:08.00	5:53.00	5:39.00	5:27.00	5:15.00
800 FREE	12:38.00	12:06.00	11:37.00	11:12.00	10:48.00
1500 FREE	26:00.00	25:00.00	24:00.00	23:00.00	22:00.00
50 BACK	0.41.00	0.40.00	0.38.00	0.37.00	0.35.00
100 BACK	1:28.00	1:25.00	1:22.00	1:19.00	1:16.00
200 BACK	3:09.00	3:04.00	2:57.00	2:50.00	2:44.00
50 BREAST	0.46.00	0.44.00	0.43.00	0.41.00	0.40.00
100 BREAST	1:38.00	1:36.00	1:33.00	1:29.00	1:26.00
200 BREAST	3:35.00	3:27.00	3:19.00	3:11.00	3:05.00
50 FLY	0.39.00	0.38.00	0.36.00	0.35.00	0.34.00
100 FLY	1:27.00	1:24.00	1:20.00	1:17.00	1:15.00
200 FLY	3:09.00	3:03.00	2:56.00	2:50.00	2:44.00
100 IM	1:31.00	1:27.00	1:24.00	1:21.00	1:18.00
200 IM	3:17.00	3:08.00	3:01.00	2:54.00	2:48.00
400 IM	6:53.00	6:36.00	6:20.00	6:07.00	5:54.00



FEMALES B GRADE QUALIFYING TIMES

AGE / EVENT	9	10	11	12	13	14	15	16+
50M FREE	0.47.00	0.45.00	0.44.00	0.41.00	0.39.00	0.37.00	0.35.00	0.34.00
100M FREE	1.47.00	1.36.00	1.31.00	1.27.00	1.25.00	1.22.00	1.19.00	1.17.00
200M FREE	3.48.00	3.28.00	3.18.00	3.10.00	3.00.00	2.53.00	2.47.00	2.43.00
400M FREE	7.49.00	7.05.00	6.41.00	6.21.00	6.11.00	5.59.00	5.43.00	5.31.00
800 FREE	15.40.00	15.30.00	14.40.00	13.54.00	13.13.00	12:38.00	12.06.00	11:37.00
1500 FREE	31.00.00	30.00.00	29.00.000	28.00.00	27.00.00	26:00.00	25:00.00	24:00.00
50M BACK	0.53.00	0.50.00	0.48.00	0.46.00	0.43.00	0.41.00	0.40.00	0.38.00
100M BACK	1.58.00	1.55.00	1.48.00	1.37.00	1.33.00	1.30.00	1.27.00	1.24.00
200M BACK	4.09.00	3.46.00	3.36.00	3.22.00	3.16.00	3.09.00	3.02.00	2.56.00
50M BREAST	0.59.00	0.57.00	0.54.00	0.51.00	0.49.00	0.46.00	0.44.00	0.43.00
100 BREAST	2.12.00	2.00.00	1.55.00	1.49.00	1.44.00	1.41.00	1.37.00	1.34.00
200 BREAST	4.38.00	4.16.00	4.05.00	3.46.00	3.44.00	3.36.00	3.28.00	3.22.00
50M FLY	0.50.00	0.48.00	0.46.00	0.43.00	0.41.00	0.39.00	0.38.00	0.36.00
100M FLY	1.55.00	1.51.00	1.48.00	1.44.00	1.32.00	1.28.00	1.25.00	1.23.00
200M FLY	4.08.00	3.46.00	3.32.00	3.27.00	3.15.00	3.08.00	3.02.00	2.56.00
100 IM	1.45.00	1.43.00	1.41.00	1.38.00	1.35.00	1.31.00	1.27.00	1.24.00
200M IM	4.14.00	3.54.00	3.40.00	3.30.00	3.20.00	3.13.00	3.06.00	3.00.00
400M IM	8.44.00	8.08.00	7.40.00	7.24.00	6.59.00	6.40.00	6.25.00	6.10.00

FEMALES C/DEVELOPMENT GRADE QUALIFYING TIMES

AGE / EVENT	9	10	11	12	13	14	15	16+
50M FREE	0.50.00	0.47.00	0.45.00	0.44.00	0.41.00	0.39.00	0.37.00	0.35.00
100M FREE	1.56.00	1.47.00	1.38.00	1.33.00	1.29.00	1.27.00	1.25.00	1.20.00
200M FREE	4.12.00	3.48.00	3.28.00	3.18.00	3.10.00	3.00.00	2.53.00	2.47.00
400M FREE	8.04.00	7.49.00	7.05.00	6.41.00	6.21.00	6.11.00	5.59.00	5.43.00
800 FREE	16.00.00	15.30.00	15.00.00	14.40.00	13.54.00	13.13.00	12:38.00	12.06.00
1500 FREE	32.00.00	31.00.00	30.00.00	29.00.00	28.00.00	27.00.00	26:00.00	25:00.00
50M BACK	0.55.00	0.53.00	0.50.00	0.48.00	0.46.00	0.43.00	0.41.00	0.40.00
100M BACK	2.07.00	1.58.00	1.55.00	1.48.00	1.37.00	1.33.00	1.30.00	1.27.00
200M BACK	4.24.00	4.09.00	3.46.00	3.36.00	3.22.00	3.16.00	3.09.00	3.02.00
50M BREAST	1.00.00	0.59.00	0.57.00	0.54.00	0.51.00	0.49.00	0.46.00	0.44.00
100 BREAST	2.21.00	2.12.00	2.00.00	1.55.00	1.49.00	1.44.00	1.41.00	1.37.00
200 BREAST	4.53.00	4.38.00	4.16.00	4.05.00	3.46.00	3.44.00	3.36.00	3.28.00
50M FLY	0.55.00	0.50.00	0.48.00	0.46.00	0.43.00	0.41.00	0.39.00	0.38.00
100M FLY	2.04.00	1.55.00	1.51.00	1.47.00	1.44.00	1.32.00	1.28.00	1.25.00
200M FLY	4.23.00	4.08.00	3.46.00	3.32.00	3.27.00	3.15.00	3.08.00	3.02.00
100 IM	1.50.00	1.45.00	1.43.00	1.41.00	1.38.00	1.35.00	1.31.00	1.27.00
200M IM	4.29.00	4.14.00	3.54.00	3.40.00	3.30.00	3.20.00	3.13.00	3.06.00
400M IM	9.00.00	8.44.00	8.08.00	7.40.00	7.24.00	6.59.00	6.40.00	6.25.00

C GRADE Note: 1500, 800, 400 and 200 times are provided for guidance only. C Grade swimmers may NOT swim in the 1500,800 frs, 400 IM, 200 IM, 200 BF, Or 200 BRS. Entries to 400 free will be restricted to 10 top C Grade swimmers' times entered and are susceptible to the fine if they do not finish within the C Grade QT

Fines: A and B Grade swimmers who do not achieve at least the C Grade QT will be fined £5



MALES A GRADE QUALIFYING TIMES

AGE / EVENT	9	10	11	12	13
50M FREE	0.45.00	0.40.00	0.38.00	0.36.00	0.34.00
100M FREE	1.39.00	1.28.00	1.23.00	1.19.00	1.15.00
200M FREE	3.36.00	3.14.00	3.03.00	2.53.00	2.45.00
400M FREE	7.34.00	6.50.00	6.26.00	6.06.00	5.48.00
800 FREE	15.00.00	14.00.00	13.00.00	12.20.00	11.15.00
1500M FREE	29.47.00	27.16.00	25.44.00	24.23.00	23.12.00
50M BACK	0.51.00	0.45.00	0.42.00	0.40.00	0.38.00
100M BACK	1.50.00	1.47.00	1.40.00	1.29.00	1.23.00
200M BACK	3.57.00	3.30.00	3.20.00	3.10.00	3.00.00
50M BREAST	0.57.00	0.50.00	0.47.00	0.45.00	0.42.00
100MBREAST	2.04.00	1.50.00	1.45.00	1.41.00	1.34.00
200MBREAST	4.26.00	3.59.00	3.46.00	3.34.00	3.23.00
50M FLY	0.49.00	0.43.00	0.41.00	0.39.00	0.37.00
100M FLY	1.48.00	1.43.00	1.39.00	1.36.00	1.27.00
200M FLY	3.56.00	3.32.00	3.20.00	3.15.00	3.05.00
100 IM	1.43.00	1.40.00	1.36.00	1.30.00	1.25.00
200M IM	4.02.00	3.37.00	3.25.00	3.14.00	3.04.00
400M IM	8.29.00	7.43.00	7.17.00	6.54.00	6.34.00

MALES A GRADE QUALIFYING TIMES

Age / Event	14	15	16	17	Open
50 FREE	0.32.00	0.31.00	0.30.00	0.29.00	0.28.00
100 FREE	1:11.00	1:08.00	1:06.00	1:03.00	1:01.00
200 FREE	2:37.00	2:31.00	2:25.00	2:19.00	2:15.00
400 FREE	5:32.00	5:18.00	5:06.00	4:55.00	4:45.00
800 FREE	11:06.00	11:00.00	10:40.00	10:16.00	9:55.00
1500 FREE	23:09.00	22:53.00	22:23.00	21:38.00	20:57.00
50 BACK	0.36.00	0.35.00	0.33.00	0.32.00	0.31.00
100 BACK	1:19.00	1:16.00	1:13.00	1:10.00	1:08.00
200 BACK	2:52.00	2:45.00	2:38.00	2:32.00	2:27.00
50 BREAST	0.40.00	0.39.00	0.37.00	0.36.00	0.35.00
100 BREAST	1:29.00	1:26.00	1:22.00	1:19.00	1:17.00
200 BREAST	3:14.00	3:06.00	2:59.00	2:52.00	2:46.00
50 FLY	0.35.00	0.34.00	0.32.00	0.31.00	0.30.00
100 FLY	1:18.00	1:14.00	1:12.00	1:09.00	1:06.00
200 FLY	2:52.00	2:45.00	2:38.00	2:32.00	2:27.00
100 IM	1:21.00	1:18.00	1:15.00	1:12.00	1:10.00
200 IM	2:56.00	2:49.00	2:42.00	2:36.00	2:31.00
400 IM	6:16.00	6:00.00	5:46.00	5:33.90	5:22.00



MALES B GRADE QUALIFYING TIMES

AGE EVENT	9	10	11	12	13	14	15	16+
50 FREE	0.47.00	0.44.00	0.40.00	0.38.00	0.36.00	0.34.00	0.32.00	0.31.00
100M FREE	1.47.00	1.36.00	1.31.00	1.27.00	1.19.00	1.16.00	1.14.00	1.11.00
200M FREE	3.48.00	3.26.00	3.19.00	3.05.00	2.49.00	2.43.00	2.38.00	2.31.00
400M FREE	7.49.00	7.05.00	6.41.00	6.21.00	5.57.00	5.39.00	5.23.00	5.12.00
800 FRS	15.40.00	14.30.00	13.30.00	12.45.00	12.15.00	12.00.00	11.40.00	11.00.00
1500 FRS	30.00.00	28.00.00	27.00.00	25.00.00	24.00.00	23.30.00	23.00.00	22.50.00
50 BACK	0.53.00	0.49.00	0.47.00	0.45.00	0.41.00	0.38.00	0.36.00	0.35.00
100M BACK	1.58.00	1.55.00	1.48.00	1.37.00	1.27.00	1.24.00	1.21.00	1.18.00
200M BACK	4.09.00	3.36.00	3.33.00	3.22.00	3.04.00	2.57.00	2.50.00	2.44.00
50 BRS	0.59.00	0.56.00	0.53.00	0.50.00	0.48.00	0.45.00	0.43.00	0.42.00
100M BRS	2.12.00	1.58.00	1.53.00	1.49.00	1.37.00	1.34.00	1.30.00	1.27.00
200M BRS	4.38.00	4.11.00	3.58.00	3.46.00	3.26.00	3.19.00	3.11.00	3.04.00
50 FLY	0.50.00	0.47.00	0.45.00	0.42.00	0.40.00	0.38.00	0.37.00	0.35.00
100M FLY	1.55.00	1.51.00	1.47.00	1.44.00	1.30.00	1.22.00	1.20.00	1.17.00
200M FLY	4.08.00	3.44.00	3.32.00	3.27.00	3.09.00	2.57.00	2.50.00	2.44.00
100 IM	1.45.00	1.42.00	1.40.00	1.37.00	1.34.00	1.30.00	1.25.00	1.22.00
200M IM	4.14.00	3.49.00	3.37.00	3.26.00	3.08.00	3.01.00	2.53.00	2.48.00
400M IM	8.44.00	7.58.00	7.27.00	7.04.00	6.39.00	6.20.00	6.06.00	5.49.00

MALES C/DEVELOPMENT GRADE QUALIFYING TIMES

AGE EVENT	9	10	11	12	13	14	15	16+
50 FREE	0.50.00	0.46.00	0.44.00	0.42.00	0.40.00	0.37.00	0.35.00	0.34.00
100M FREE	1.56.00	1.47.00	1.36.00	1.31.00	1.27.00	1.19.00	1.16.00	1.14.00
200M FREE	4.12.00	3.48.00	3.26.00	3.19.00	3.05.00	2.49.00	2.43.00	2.38.00
400M FREE	8.04.00	7.49.00	7.05.00	6.41.00	6.21.00	5.57.00	5.39.00	5.23.00
800 FRS	15.50.00	15.00.00	14.00.00	13.30.00	13.00.00	12.30.00	12.00.00	11.30.00
1500 FRS	31.00.00	29.00.00	28.00.00	26.00.00	25.00.00	24.00.00	23.30.00	23.00.00
50 BACK	0.55.00	0.52.00	0.48.00	0.46.00	0.44.00	0.41.00	0.39.00	0.37.00
100M BACK	2.07.00	1.58.00	1.55.00	1.48.00	1.37.00	1.27.00	1.24.00	1.21.00
200M BACK	4.24.00	4.09.00	3.36.00	3.33.00	3.22.00	3.04.00	2.57.00	2.50.00
50 BRS	1.00.00	0.57.00	0.55.00	0.52.00	0.49.00	0.47.00	0.44.00	0.42.00
100M BRS	2.21.00	2.12.00	1.58.00	1.53.00	1.49.00	1.37.00	1.34.00	1.30.00
200M BRS	4.53.00	4.38.00	4.11.00	3.58.00	3.46.00	3.26.00	3.19.00	3.11.00
50 FLY	0.55.00	0.48.00	0.46.00	0.44.00	0.41.00	0.39.00	0.37.00	0.36.00
100M FLY	2.04.00	1.55.00	1.51.00	1.47.00	1.44.00	1.30.00	1.22.00	1.20.00
200M FLY	4.23.00	4.08.00	3.44.00	3.32.00	3.27.00	3.09.00	2.57.00	2.50.00
100 IM	1.50.00	1.43.00	1.41.00	1.39.00	1.36.00	1.33.00	1.29.00	1.25.00
200M IM	4.29.00	4.14.00	3.49.00	3.37.00	3.26.00	3.08.00	3.01.00	2.53.00
400M IM	9.00.00	8.44.00	7.58.00	7.27.00	7.04.00	6.39.00	6.20.00	6.06.00

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