

All Irish National Galas are Age on First day of meet. See Competition Calendar For Actual Meet Dates

Irish Division 2 Qualifying Standards (Short course)

MALE	11/12	13	14	15	16	17-24
100m Freestyle	1:12.6	1:10.0	1:07.0	1:06.0	1:02.9	1:02.4
200m Freestyle	2:45.0	2:37.9	2:32.9	2:22.0	2:21.9	2:21.9
400m Freestyle	6:00.0	5:45.0	5:30.0	5:15.0	5:00.0	4:50.0
1500m Freestyle	22.35.00	21.35.00	20.54.00	20.34.00	19.52.60	18.42.00
100m Backstroke	1:26.0	1:21.5	1:18.9	1:18.0	1:15.9	1:15.9
200m Backstroke	3:04.0	2:50.0	2:45.0	2:42.0	2:38.0	2:35.0
100m Breaststroke	1:37.0	1:32.5	1:28.9	1:23.0	1:21.9	1:21.9
200m Breaststroke	3:25.0	3:12.0	3:08.0	3:02.0	2:55.0	2:52.0
100m Butterfly	1:33.0	1:27.0	1:23.9	1:18.0	1:15.9	1:15.9
200m Butterfly	3:20.0	3:04.0	2:58.0	2:50.0	2:42.0	2:40.0
200m Ind. Medley	3:05.5	2:52.9	2:46.9	2:41.0	2:40.9	2:40.9
400 Ind. Medley	6:30.0	6:20.0	6:10.0	6:00.0	5:50.0	5:40.0
FEMALE	11/12	13	14	15	16	17-24
100m Freestyle	1:15.0	1:11.0	1:10.5	1:10.0	1:08.8	1:08.8
200m Freestyle	2:45.0	2:41.9	2:40.0	2:38.9	2:34.9	2:34.9
400m Freestyle	6:00.0	5:45.0	5:35.0	5:25.0	5:15.0	5:15.0
800m Freestyle	12.00.00	11.45.00	11.30.00	11.22.00	11.15.00	11.00.00
100m Backstroke	1:31.0	1:22.7	1:22.0	1:20.9	1:19.9	1:19.9
200m Backstroke	3:08.0	2:53.0	2:48.0	2:45.0	2:43.0	2:43.0
100m Breaststroke	1:38.0	1:33.9	1:32.0	1:30.9	1:29.9	1:29.9
200m Breaststroke	3:35.0	3:18.0	3:14.0	3:10.0	3:06.0	3:05.0
100m Butterfly	1:32.0	1:28.0	1:23.9	1:21.9	1:20.9	1:20.9
200m Butterfly	3:25.0	3:06.0	3:00.0	2:55.0	2:52.0	2:50.0
200m Ind. Medley	3:06.0	3:00.0	2:51.9	2:51.8	2:49.9	2:49.9
400m Ind. Medley	6:45.0	6:35.0	6:25.0	6:15.0	6:05.0	6:00.0

Irish Division 1 Qualifying Standards 11-15

Long Course Consideration Standards Consideration Standards

Short Course

<u>11/12</u>	<u>13</u>	<u>14</u>	<u>15</u>	Male	<u>11/12</u>	<u>13</u>	<u>14</u>	<u>15</u>
1:12.00	1:08.90	1:06.30	1:04.00	100m Freestyle	1:09.90	1:07.00	1:04.40	1:02.20
2:37.80	2:31.20	2:25.40	2:20.30	200m Freestyle	2:33.60	2:27.20	2:21.50	2:16.60
5:33.60	5:19.60	5:07.50	4:56.60	400m Freestyle	5:25.80	5:12.20	5:00.30	4:49.70
22:05.20	21:09.90	20:21.50	19:38.50	1500m Freestyle	21:35.55	20:41.40	19:54.10	19:12.00
1:20.40	1:17.10	1:14.10	1:11.50	100m Backstroke	1:16.30	1:13.10	1:10.30	1:07.80
2:54.50	2:47.20	2:40.80	2:35.20	200m Backstroke	2:47.00	2:40.00	2:33.90	2:28.50
1:29.90	1:26.10	1:22.90	1:19.90	100m Breaststroke	1:26.80	1:23.20	1:20.00	1:17.20
3:14.50	3:06.30	2:59.20	2:52.90	200m Breaststroke	3:08.40	3:00.50	2:53.60	2:47.50
1:17.40	1:14.10	1:11.30	1:08.80	100m Butterfly	1:15.70	1:12.50	1:09.70	1:07.30
2:51.50	2:44.30	2:38.00	2:32.50	200m Butterfly	2:47.20	2:40.20	2:34.10	2:28.70
2:57.60	2:50.20	2:43.70	2:37.90	200m Ind. Medley	2:52.10	2:44.90	2:38.60	2:33.00
6:15.90	6:00.20	5:46.50	5:43.30	400m Ind. Medley	6:05.20	5:49.90	5:36.60	5:24.70
<u>11/12</u>	<u>13</u>	<u>14</u>		Female	<u>11/12</u>	<u>13</u>	<u>14</u>	
1:12.90	1:11.60	1:10.40		100m Freestyle	1:11.20	1:09.90	1:08.80	
2:38.00	2:35.30	2:32.60		200m Freestyle	2:34.90	2:32.20	2:29.60	
5:31.00	5:25.20	5:19.60		400m Freestyle	5:25.20	5:19.50	5:14.10	
11:15.40	11:03.70	10:52.50		800m Freestyle	11:08.40	10:56.80	10:45.70	
1:21.20	1:19.80	1:18.40		100m Backstroke	1:18.40	1:17.10	1:15.80	
2:52.80	2:49.80	2:46.90		200m Backstroke	2:48.80	2:45.90	2:43.10	
1:30.50	1:28.90	1:27.40		100m Breaststroke	1:28.50	1:27.00	1:25.50	
3:14.20	3:10.80	3:07.60		200m Breaststroke	3:09.20	3:05.90	3:02.80	
1:17.60	1:16.20	1:14.90		100m Butterfly	1:17.00	1:15.60	1:14.40	
2:50.30	2:47.30	2:44.50		200m Butterfly	2:48.80	2:45.80	2:43.10	
2:56.90	2:53.80	2:50.90		200m Ind. Medley	2:53.70	2:50.60	2:47.70	
6:11.90	6:05.00	5:58.90		400m Ind. Medley	6:04.00	5:57.60	5:51.60	

Irish Division 1 Qualifying Standards 16+

Long Course Consideration Standards

Short Course Consideration

<u>Junior</u>	<u>Youth</u>	<u>Senior</u>	<u>Male</u>	<u>Junior</u>	<u>Youth</u>	<u>Senior</u>
	27.55	26.57	50m Freestyle		26.93	26.08
1.02.90	1.00.90	58.7	100m Freestyle	1.01.10	59.20	57.70
2.17.90	2.13.60	2.09.6	200m Freestyle	2.14.30	2.10.00	2.07.06
4.51.60	4.42.40	4.31.3	400m Freestyle	4.44.80	4.35.80	4.26.30
19.18.60	18.41.80	18.09.8	1500m Freestyle	18.52.60	18.16.60	17.42.10
	31.61	30.33	50m Backstroke		29.65	29.05
1.10.30	1.08.10	1.05.3	100m Backstroke	1.06.70	1.04.60	1.03.90
2.32.50	2.27.70	2.22.5	200m Backstroke	2.26.00	2.21.30	2.19.90
	34.86	33.37	50m Breaststroke		33.60	32.05
1.18.60	1.16.10	1.12.9	100m Breaststroke	1.15.90	1.13.50	1.11.80
2.50.00	2.44.60	2.37.9	200m Breaststroke	2.44.70	2.39.40	2.35.00
	29.56	28.99	50m Butterfly		28.85	28.40
1.07.60	1.05.50	1.04.3	100m Butterfly	1.06.10	1.04.00	1.03.20
2.29.90	2.25.10	2.21.7	200m Butterfly	2.26.20	2.21.50	2.19.10
2.35.30	2.30.30	2.24.2	200m Ind. Medley	2.30.40	2.25.70	2.21.90
5.28.60	5.18.20	5.07.0	400m Ind. Medley	5.19.30	5.09.10	5.01.80
<u>Junior</u>	<u>Youth</u>	<u>Senior</u>	<u>Female</u>	<u>Junior</u>	<u>Youth</u>	<u>Senior</u>
	31.04	30.38	50m Freestyle		30.45	29.82
1.09.20	1:08.20	1.06.8	100m Freestyle	1.07.60	1.06.60	1.05.00
2.30.20	2.27.80	2.24.9	200m Freestyle	2.27.20	2.24.90	2.21.00
5.14.60	5.09.60	5.01.6	400m Freestyle	5.09.00	5.04.10	4.56.10
10.41.90	10.31.70	10.21.30	800m Freestyle	10.35.20	10.25.20	10.12.80
	35.72	35.10	50m Backstroke		34.23	33.59
1.17.20	1.15.90	1.14.6	100m Backstroke	1.14.50	1.13.40	1.12.00
2.44.20	2.41.60	2.38.7	200m Backstroke	2.40.40	2.37.90	2.34.10
	38.84	37.50	50m Breaststroke		38.10	36.92
1.26.00	1:24.60	1.21.7	100m Breaststroke	1.24.10	1.22.80	1.19.00
3.04.50	3.01.60	2.57.3	200m Breaststroke	2.59.80	2.57.00	2.52.60
	32.60	32.18	50m Butterfly		32.20	31.52
1.13.70	1:12.50	1.11.6	100m Butterfly	1.13.20	1.12.00	1.09.00
2.41.80	2.39.20	2.37.0	200m Butterfly	2.40.40	2.37.90	2.34.30
2.48.10	2:45.40	2.41.4	200m Ind. Medley	2.45.00	2.42.40	2.36.90
5.53.00	5.47.40	5.41.2	400m Ind. Medley	5.45.90	5.40.40	5.33.00

Junior Boys - U/16, Youths - Boys 17/18, Junior Girls - U/15, Youth.- Girls U/16.