

BANBRIDGE AMATEUR SWIMMING CLUB

CLUB RULES AND REGULATIONS

Members **MUST** abide by the following rules;

- All members must, as far as possible, be kept safe from harm while they are at, club or are representing the club at any event.
- No member associated with the club must ask anyone to keep secrets of any kind.
- Members are not allowed to drink alcohol, smoke or take drugs of any kind whilst on the club premises and must not participate in any club activity whilst under the influence of alcohol or drugs. Members shall also not promote, give or sell any drugs to another member whilst participating on the club premises or participating in any club activity.
- Members will respect the authority and the decisions of coaches, officials and administrators within the club and remember that they are giving of their time and expertise freely.
- Members **must** avail of a locker during **all** training sessions. This is not only Club policy but the policy of Banbridge Leisure Centre.
- Members **must** be on time for training sessions, and competitions so as not to disrupt the smooth running of the club. Only genuine excuses will be accepted.
- Members must pay any fees in relation to membership of the club or club activities on time unless another arrangement is reached with the club Treasurer.
- Members will take care of all property belonging to the club or any member, including all club facilities and equipment.
- Members are responsible for caring for their own equipment, clothing and property and they must ensure that it does not endanger any other members of the club.
- Only plastic bottles or drink cups will be allowed onto poolside and they can only be filled with water **not juice**. This is Leisure Centre Policy and must be adhered to.
- No jewellery or unsuitable clothing or footwear can be worn during training sessions.
- Members must respect the basic human rights, worth and dignity of members and others.
- Members should treat other competitors and teams with respect in victory and defeat.
- Members shall at all times (before and after training sessions and at galas at home or away) comply with the code, rules and laws as set by the Irish Swimming Association. Copy of which is available on request.

I..... have read the above Rules and Regulations and
(PRINT IN BLOCK CAPITALS)

I agree to abide by them. SignedDate.....

FOR MEMBERS UNDER 12 YEARS OF AGE PARENTS MUST ALSO SIGN

As Parent/Guardian of the above named member, I hereby confirm that I have explained the context and the implications of the Rules and Regulations as set out above and that my child understands them.

Signed.....Date.....

PLEASE SIGN AND RETURN THE WHOLE OF THIS SHEET ALONG WITH YOUR APPLICATION FORM FOR MEMBERSHIP AT THE BEGINNING OF SEPTEMBER